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THE NEWS-LEDGER

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41th Year ◆ No. 4 | Serving the West Sacramento Region Since 1964 | Wednesday, September 8, 2004

New test results show 'plateau' in student gains

By Steve Marschke
News-Ledger Editor

The latest round of standardized testing among local students shows that test score gains have pretty much stalled in 2004, following several years of steady gains.

This year, Washington Unified School District "followed the statewide trend of 'plateauing' on the California Standards Tests," reported Assistant Superintendent Paul Johnson to the WUSD school board.

In the Academic Performance Index (API), added Johnson, "six schools posted growth, four schools showed decreases an one (Elkhorn Elementary) remained the same."

The biggest changes in API scores at the 10 main local campuses this year were a 47-point decline (from 698 to 651) at Evergreen Elementary and a 20-point decline (717 to 697) at Alyce Norman Elementary. Bridgeway Island Elementary saw an eight-point decline to 778 and scores at River City High School dropped a point to 635 points.

Bryte Elementary School's API score rose one point to 691, Elkhorn Village Elementary School's score remained unchanged at 625, Southport Elementary's score rose eight points to 784, Westfield Village Elementary's score rose six points to 570, Westmore Oaks Elementary's score rose 15 points to 777 and Golden State Middle School's score increased 14 points to 653 over its score in 2003.

Superintendent Patrick Campbell referred questions to Johnson, who told the News-Ledger yesterday that "the whole statewide trend was downward this year."

"Our district followed most of the districts by pretty well leveling off," he added.

Indeed, the state's superintendent of public instruction, Jack O'Connell, commented last month in a press release that "this is not where we want to be (and) this is not where we hoped to be."

"But student achievement over the last several years remains positive, and I am convinced we have the framework in place to continue our record level of improvement. These scores should be viewed as a wake-up call for us all."

Locally, the Washington Unified School District has taken pride in testing gains in recent years. But Johnson was asked how much of these past gains may have been due to adjustments in the curriculum and in teaching methods to better prepare local students for the state's testing – as opposed to true increases in student performance.

"When the Washington Unified School District first completed adjusting the curriculum to the state standards, you're going to have a 'bump,' " commented Johnson. "I think a lot of the gains in the past have been due a lot to curriculum (changes) and a lot to training. We've done a lot of teacher training."

Johnson said he does not believe it is abnormal for test scores to stop climbing for a period after several years of growth.

"For the past five years," said Johnson, "our scores have been steadily going up across the district. I look at this as a normal part of a growth cycle. We're going to redouble our efforts this year and strive to redefine what we're doing."

Johnson's report to the board said the district will give special attention to Westfield Elementary School, which is in its fourth year of "corrective action" after failing to meet state-mandated testing goals.

He also proposed programs to improve results at both the elementary and secondary school levels. The changes included teaching and curriculum changes for elementary schools and "reform" and further pursuit of intervention work and "standards-based instruction" at the high school level.

Jailed man falls ill, then dies —

A Woodland man died after being taken into custody on Aug. 31, reports the Yolo County Sheriff's Department. The man's cause of death wasn't immediately known.

According to a department spokesperson, Woodland police arrested 26-year old Ruben Anthony Felix, Jr., on Lincoln Avenue at about 10 a.m. on Aug. 31. Felix was contacted to conduct a parole search and then arrested following the search. He reportedly resisted arrest, and was charged with parole violation and resisting arrest and then taken to the county jail.

At about 12:40 p.m., Felix was seen "becoming restless and began sweating profusely" in the jail's booking area. Shortly afterwards, he was taken by ambulance to a Woodland hospital, where his condition worsened. Felix was pronounced dead at 3:10 a.m.

Results of the autopsy and toxicology tests were not available as of yesterday.

Let the shopping begin —



PHOTOS BY BARRY BLACKLAW



At Wednesday's ribbon-cutting for the new Nugget market on Jefferson Blvd. in Southport, shoppers were eager and ready to cross a "ribbon" of produce and start filling their baskets (above).

At right, Bryan Turner, co-developer of the shopping center and representing the West Sacramento Land Company, talks to the assembled crowd while backed by company representatives, State Assemblywoman Lois Wolk and members of the West Sacramento City Council, among others.

New at the library

The Arthur F. Turner Branch Library has received the following new books:

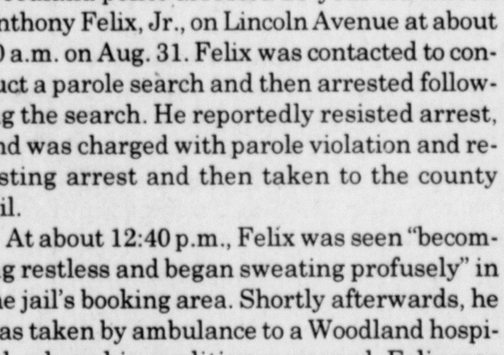
"The Boundaries of Her Body: The Troubling History of Women's Rights in America" by Debran Rowland, Esq.

"Valverde's Gold: In Search of the Last Great Inca Treasure" by Mark Honigsbaum.

"Infidels: A History of the Conflict Between Christiandom and Islam" by Andrew Wheatcroft.

"Stand Up, Fight Back: Republican Toughs, Democratic Wimps, and the Politics of Revenge" by E.J. Dionne, Jr.

Traveler info



West Sacramento Mayor Christopher Cabaldon, who is chair of the Sacramento Area Council of Governments, helped last week to unveil the region's new '511' information service for travelers. Callers who punch '511- can get traffic and related information, including carpool and vanpool ride-matching.

Guest commentary:

County urges parents to promote health

From the Yolo County Health Department

As the school year resumes again, nutrition related programs of the Yolo County Health Department urge parents to "Lead the Way: Choose Fruits, Vegetables, and Physical Activity" during National 5 A Day Month in September.

September is a great month to start new family lifestyle changes to include an increase of fruits and vegetables in the family diet and exercising a minimum of 30 minutes per day for adults and 60 minutes per day for children. Parents can help reverse the trends in childhood obesity, high blood pressure and type II diabetes by "leading the way" for their children at home, advocating for change at their children's schools and when eating out.

Because parents are the most influential role models in their children's lives, it is vital for them to "lead the way." Too many children are battling diet-related illnesses. Parents can help their children develop healthy eating and physical activity habits that will form the foundation for their adolescent and adult lives. Everyone should adopt the goal of eating 5-9 servings of fruits and vegetables each day for better health and to get at least 30 minutes of physical activity each day.

According to the U.S. Centers for Disease Control, poor diets and physical inactivity are among the leading causes of preventable death in the United States. Obesity rates have doubled in children and tripled in adolescents over the last two decades. Our children and adolescents are increasingly suffering from health problems due to illnesses that normally occur in adulthood like obesity, type II diabetes and hypertension. With parents leading the way, we can reverse this trend.

> 'Parents can help reverse the trends in childhood obesity, high blood pressure and type II diabetes by "leading the way" for their children at home, advocating for change at their children's schools and when eating out.'

Lifestyle habits begin at home from infancy. As parents lead the way to healthier lifestyles, their children are more likely to follow the same patterns.

Parents can begin to lead the way by:

Offering fruit instead of junk food as snacks for their children.

Having a family shopping trip to the grocery store and selecting a new fruit or vegetable to try at that night's family dinner.

Allowing children to help prepare fruits or vegetables to take to school for lunch.

Trying new recipes that incorporate fruits and vegetables in different ways.

Planting a container garden to grow fresh vegetables to include in family meals.

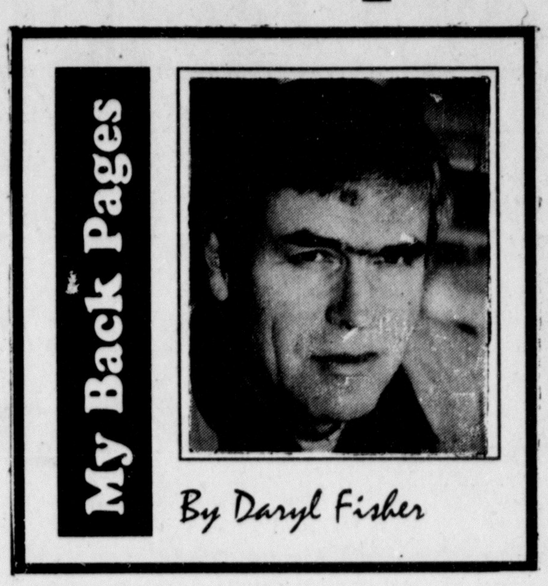
Turning off the TV and taking a family walk, or going to the park to play.

Bringing fresh fruit treats for school parties rather than high fat, high sugar snacks.

Taking an active role in their children's school by helping restructure the lunch program, including vending machines, or helping with student fundraisers.

National 5 A Day Month is the perfect opportunity for the whole family to learn more about the importance of eating fruits and vegetables and to set a family goal to eat 5 to 9 servings of fruits and vegetables every day and to have a more physically active family lifestyle. For more information, visit the 5 A Day website at www.5aday.gov.

A 'Black and White' poem and a few great truths



As I have mentioned before, I have a little drawer in my work desk where I squirrel away everything from poems to jokes that have been either kindy dropped off at the office or emailed to me by readers of this column. I apologize for not always knowing who penned what I am passing along to you but I'm sure they would like it to see the light of day. And below is just some of the good stuff that arrived last month:

Black and White

You could hardly see for all the snow,
Spread the rabbit ears as far as they go.
Put a chair up to the TV set,
"Goodnight, David. Goodnight, Chet."
Depending on the channel you tuned,
You got Rob and Laura, or Ward and June.
It felt so good. If felt so right.
Life looked better in black and white.
I Love Lucy, The Real McCoys.
Dennis the Menace, the Cleaver boys,
Rawhide, Gunsmoke, Wagon Train,
Superman. Jimmy and Lois Lane.
Father Knows Best, Patty Duke,
Rin Tin Tin and Lassie too,
Donna Reed on Thursday night,
I wanna go back to black and white.

I wanna go back to black and white,
Where everything turned out right.
Simple people, simple lives...
Good guys always won the fights.
Now nothing is the way it seems,
In living color on the TV screen.
Too many murders, too many bad frights,
I wanna go back to black and white.
In God they trusted, alone in bed they slept,
A promise made was a promise kept.
They never cussed or broke their vows,
They'd never make the network now.
But if I could, I'd rather be,
In a TV town in 1953.
It felt so good. It felt so right.
Life looked better in black and white.
I'd trade all the channels on the satellite,
If I could just turn back the clock tonight.
To when everybody knew wrong from right,
And when life was better in black and white.

Why men are happier:

The same hairstyle lasts for decades; you are unable to see wrinkles in your clothes; you only have to shave your face and neck; your name stays put; wedding plans take care of themselves; chocolate is just another snack; you can be president; you can wear a white T-shirt to a water park; you can wear no T-shirt to a water park; you never have to drive to another gas station restroom because this one is just too icky; same work, more pay; wrinkles add character; new shoes don't cut, blister, or mangle your feet; phone conversations are over in 30 seconds; you know stuff about tanks; a five-day vacation requires only one suitcase; you can open all your own jars; your underwear is $8.95 for a three-pack; you almost never have strap problems in public; everything on your face stays its original color; you can play with toys all your life; your belly usually hides your big hips; you can wear shorts no matter what your legs look like; you have freedom of choice concerning growing a mustache; and you can do Christmas shopping for 25 relatives in 45 minutes on December 24th.

And finally, a few great truths:

1. You can't trust dogs to watch your food.
2. You can't hide a piece of broccoli in a glass of milk.
3. Raising teenagers is like nailing Jell-O to a tree.
4. Families are like fudge -- mostly sweet, with a few nuts.
5. Laughing is good exercise -- it's like jogging on the inside.
6. Middle age is when you choose your cereal for the fiber, not the toy.
7. Today's mighty oak is just yesterday's nut that held its ground.
8. Growing old is mandatory; growing up is optional.
9. Time may be a great healer, but it's a lousy beautician.

Chinese-style paintings on display at local library branch

By Betty Fairbairn Sokolich

The exhibit at the Turner Library for September will be Chinese paintings by the Students of Lillian Seto.

Chinese brush painting is a traditional art form with close ties to calligraphy. These students have studied the style called Xeiyi, which means to paint an idea. The paintings are done on very absorbent Xuan paper. Under Ms. Seto's instruction the students have used their disciplined practice and learned techniques to capture the spirit and liveliness of the subject matter. Chinese landscapes are distinguished by their texture strokes and panoramic views.

The students exhibiting are a diverse group in ethnicity, age, background, education and art experience. They range in age from eight to 75 and some have never painted before attending Ms. Seto's classes. Others have studied formally here and overseas.

Lillian Seto, a Sacramento artist, has been a frequent recipient of grants from the California Arts Council and the Sacramento Metropolitan Arts Commission.

A reception to honor the exhibitors will be held on October 9th from 2-4 p.m. at the library. The public is cordially invited to attend and enjoy the art work while meeting the artists.

The East Yolo Friends of the Library sponsors the exhibit.

'Across the Bridge':

Events around West Sacramento

Acorn Day

On October 16th from 11 am to 3 pm the California State Indian Museum at 2618 K Street in Sacramento (next to Sutter's Fort) will host Acorn Day. Learn about California Indian history and there will be craft tables for the children and other surprises. Call 324-0971 for more information.

Antique evaluations

On October 2nd the antique merchants of Sutter Street in Old Folsom will have visiting specialists to evaluate antiques and collectibles. Registration will begin at 10 a.m. at the Folsom History Museum, 823 Sutter Street. The charge will be $8 per evaluation. For more information, call 985-2707.

Toy trains

On October 2nd there will be toy trains on display and for sale at the Scottish Rite Center, 6151 H Street in Sacramento. Admission is $5 and the event is being sponsored by the Toy Train Operating Society of Sacramento. For more information, call 481-4694.

Daughters of American Revolution meet

The Sacramento Chapter of the Daughters of the American Revolution will meet on September 13th at noon at the Sacramento Garden and Arts Center, 3330 McKinley Boulevard in Sacramento. Coffee, tea and punch will be provided. For more information about the group and the program call 967-9347 or 488-4189.

Volunteers needed

The El Dorado Woman's Center needs volunteers to work with the victims of domestic violence and sexual assault. Training begins September 8th. For more information, call Karen at 530-626-1450.

Obituaries

Tom J. Coburn

Tom Coburn was born on January 12, 1921 in West Virginia and passed away on August 30, 2004. He was a veteran of World War II and a recpient of the Purple Heart. He was a carpenter by trade and a resident of Yolo County for eight years. He leaves no known relatives. Burial was at the San Joaquin National Cemetery.


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News submissions: The *News-Ledger* welcomes information on local news and events. Please submit written news items to the below address by mail or in person, or through the office mail slot. News deadline is Friday before publication. Please include your name for attribution and your phone number in case we have any questions.

Opinion submissions: Letters to the Editor on topics of local interest are welcome. They must be signed, original, and must include the author's telephone number and address for verification. Letters should be brief and may be edited for length or objectionable or libelous content. Deadline is Friday before publication, and letters may be mailed or dropped off at the *News-Ledger* office.

Advertising: The deadline for classified advertisements is Monday at 5 p.m., and ads should be prepaid. An ad of up to 25 words costs $3.50, plus 10 cents for each additional word, per publication. Please mail ad and payment to the address below, or drop it off in the *News-Ledger* office or through the office mail slot.

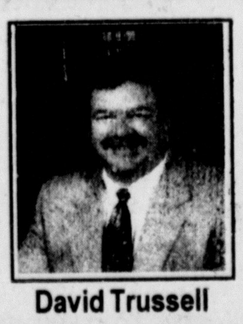
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SPORTS

SPORTS INSIDER

By Richard Novoa

Are you ready for some football?

Yes, the NFL season is upon us with the defending World Super Bowl Champion New England Patriots kicking of the season on Thursday, September 9th against the Indianapolis Colts.

Most of the NFL gurus have picked the Patriots to repeat as the 2005 Super Bowl Champions but this season should prove to be a very interesting and exciting. So let's take a look at each conference and division I'll give you my top picks to win the Lombardi Trophy and meet in Jacksonville for the 2005 Super Bowl.

In the AFC East, the Pats will win easy with the Jets giving chase. The Dolphins will miss Ricky Williams but keep an eye out for the Buffalo Bills.

In the North, the Colts and Tennessee will battle for the division crown but Jacksonville has an easy schedule and with their top run defense the Jaguars could win the division or lock up a wild card spot. The Patriots are favored win the whole enchilada but I like the Colts to finally win the Conference title that is of course if Manning and Company stay healthy.

In the West, the Chiefs and Raiders will battle for the Western Division title with the loser winning the other wild card. I like the Cincinnati Bengals to win the North Division because I think Baltimore's defense will fade and their lack of offense especially at the quarterback spot will hurt them in the long run.

The NFC East belongs to the three time Conference champion Eagles but I think the Washington Redskins will upset Philly and the McNabb to Owens combo. The Eagles will take one of the wild card spots. The West is toss up between Seattle and St. Louis but the Seahawks and Mike Holmgren, who took the birds to overtime loss in the playoffs last season, will prevail this time.

In the South, the Panthers are favored to win the division but I think Tampa Bay will bounce back to win the title. The North is also up for grabs but I think the Vikings will hold on this season and lock up the playoff spot. The wild card will belong to either the Rams, Packers, or Eagles.

Who will win the Super Bowl? The 49ers! Just kidding, the Niners are in rebuilding mode but the future looks better as they try and clear up their salary cap mess.

The 49ers will open the season at home on Sunday, September 12th (1p.m.-FOX 40) against Michael Vick and the Atlanta Falcons. The 49ers will start Tim Rattey at quarterback and have their starting team available with the exception of All-Pro fullback Fred Beasley.

The Falcons, who are 3 ½ points favorites are coached by ex-49ers defensive coordinator, Jim Mora Jr. The Falcons should give the Niners fits because Mora, who knows the 49ers inside out, hired a few other ex-49ers with their 2004 coaching staff. **49ers 27 – Falcons 23**

The Oakland Raiders will open the season on Sunday with a very tough road game in Pittsburgh (10 a.m.-ch.13). The Raiders will start Rich Gannon at quarterback but don't be surprised to see the long arm of Kerry Collins firing bombs down field to Jerry Rice and Jerry Porter. The speedy combo of J & J will open up some rushing room for Tyrone Wheatley, Zack Crockett and little huggy bear Justin Vargas. **Raiders 31 – Steelers 17**

Every football season I entertain myself with my weekly picks that include the NFL Monday night game and one college game of my choice. Well, here we go again!

My four picks for the football Week No. 1 are the Silver and Black attack Raiders (+4) over the Steelers at Pittsburgh and the Vikings (-4) to beat the Cowboys. My college pick is Syracuse (-15 ½) over Buffalo and on Monday night I like Brett Favre (+3) and the Packers over Carolina.

See ya next week!

Strange BUT TRUE

By Samantha Weaver

• A couple of years ago, the Texas Transportation Institute conducted a study on traffic in the United States. They determined (it's a bit unclear how) that the average American spent 51 hours stuck in traffic over the course of the year 2001. If you live in Los Angeles, you've got the worst traffic in America — if you're an average driver, you wasted 90 hours during that year. The second worst-congested city was San Francisco, with 68 hours; next was Denver, with 64 hours; and Miami was ranked fourth, with 63 wasted hours per person during 2001.

• Interestingly, Billy the Kid wasn't actually called "The Kid" until he was 18 years old.

***

Thought for the Day: "There's a difference between beauty and charm. A beautiful woman is one I notice. A charming woman is one who notices me." — *John Erskine*

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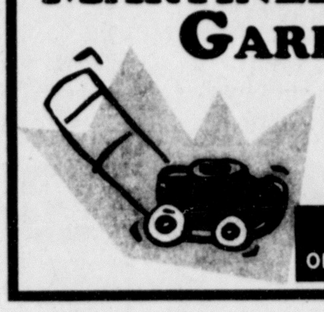
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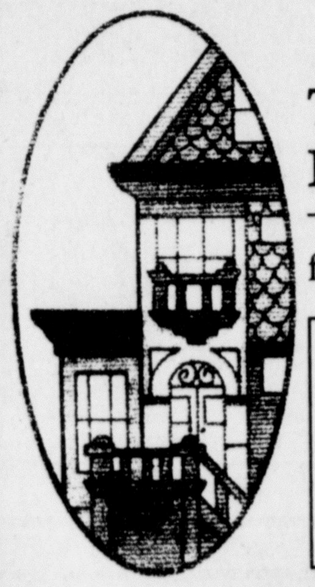
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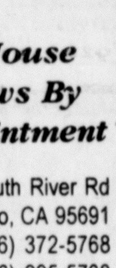


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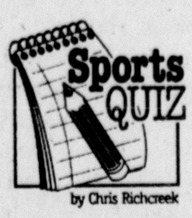
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1. Name the last team to finish last in its league in homers for a season yet still make the World Series that year.
2. When was the last time the Chicago White Sox were in the World Series?
3. Who are the only two coaches in NFL history to take different teams to the playoffs in consecutive seasons?
4. Bill Fitch, Phil Jackson and Jimmy Rodgers, all NBA coaches, have what college in common?
5. How many consecutive 30-victory seasons has goaltender Martin Brodeur recorded?
6. Who has tallied the most goals in Women's World Cup soccer history?
7. How many times has heavyweight boxer Mike Tyson lost a nontitle fight during his pro career?

Answers on back page

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ABSOLUTELY EXQUISITE, meticulously maintained 4 bdrm, 2 bath home with 3-car garage. Over 2200 sq ft of delight! Entertainer's dream floor plan with kitchen as focal point. Beautiful, easy-care yard surrounding sparkling pool. $439,500, 3730 Cat Island Rd. Jina & Perry, 425-1270.



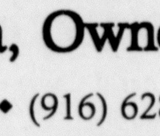
3 exclusive cul-de-sac home site in beautiful rural setting. Lots are each approx. 1 acre & include awesome custom home plans. Less than 1 mile from new shopping center, 10 minutes to downtown Sac -- yet feels like miles away from everything. 1325 Linden Lot A,B,C. Call Jina & Perry, 425-1270. $750,000.

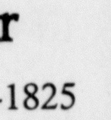
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1102 Jefferson Blvd., Suite D, West Sacramento
374-9090 ■ Fax: 374-9099
Visit www.GoLyon.com

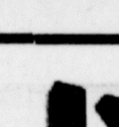
Meet your Lyon Realtors:


Peggy Bell 203-3345

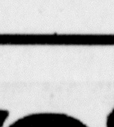

Chris Palamidessi 376-8003

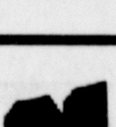

Jina & Perry Palamidessi 376-8002

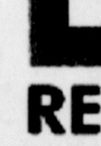

Levi Benkert 284-0050


Jim Piatt, Sr. 375-1122


Victoria Millan 955-4044


Janet Friesinger 376-8015


Megan Straws 798-3364


Debbie Bair 802-8447


Terrell Lowery 849-3689


Kammy Hill (707) 249-6555


Vicki Thomson 376-8011

FEATURED HOMES:

3 bedroom, 2 bath duplex -- each 1200 sq ft. New heat & AC units, attic fans, new garage doos with openers, dual pane windows, new fences & much more! Both sides rent for $900 & $950. Great investment! 9143 Tuolomne, Sacramento. $429,000. Call Debbie Bair at 802-8447 for more details!

WEST SAC BREATHTAKING ELEGANCE: From the granite countertops of the large island kitchen to the soaring ceilings of the living room, this home takes your breath away. Relax by the tinkling waterfall or surf in your large office. Extras! 3-car garage, best location in West Sac. 3019 Rubicon. $495,000. Jim 375-1122, Debbie 802-8447.

HIGHLY DESIRABLE 1-story Forecast home with 3-car garage! Pride of ownership, in & out! Custom paint & tile, spacious kitchen/family room combo with fireplace and great landscaping with large sideyards. More. Call Chris Palamidessi, 376-8003. $392,500, 3115 Merritt Island.

Fictitious Business Name Statement
Filed JULY 9, 2004
File No. 2004-693

The following person is doing business as Plumz Deli, 1801 E. Gibson Rd. #B, Woodland CA 95776:

Stephen R. Plummer and Jeffrey Plummer, 5272 Minerva Ave., Sacramento CA 95819.

This business is conducted by a General Partnership.

The registrant commenced to transact business under the fictitious business name or names listed above on Nov 5, 2004.

/s/Stephen R. Plummer
/s/Jeff Plummer

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Aug. 17, 2004
by: /s/Ava Woodard, Deputy Clerk

Sep 1 8 15 22

IN THE SUPERIOR COURT OF THE STATE OF CALIFORNIA IN AND FOR THE COUNTY OF YOLO
In the Matter of NIA ANNALYSE GARCIA aka NIA ANNALYSE KRISTINE GARCIA BRACY, Minor.
NO. JV-04-00129
AMENDED CITATION

TO: Kristine Bracy.

YOU ARE HEREBY CITED AND REQUIRED TO APPEAR at a hearing in Yolo County Juvenile Court, located at 725 Court Street, Woodland, California, 95695, on November 10, 2004, at 10:30 a.m. At the hearing, the Court will decide whether to permanently terminate your parental rights over the above-named minor child born to Kristine Bracy on March 23, 2004. If you wish to be represented by an attorney and are unable to afford one, the Court will appoint an attorney to represent you.

Dated: 8/23/2004
/s/JUDGE OF THE JUVENILE COURT

Sep 1 8 15 22

IN THE SUPERIOR COURT OF THE STATE OF CALIFORNIA IN AND FOR THE COUNTY OF YOLO
In the Matter of NIA ANNALYSE GARCIA aka NIA ANNALYSE KRISTINE GARCIA BRACY, Minor.
NO. JV-04-00129
AMENDED CITATION

TO: Jesus Garcia and All Persons Claiming To Be The Father.

YOU ARE HEREBY CITED AND REQUIRED TO APPEAR at a hearing in Yolo County Juvenile Court, located at 725 Court Street, Woodland, California, 95695, on November 10 , 2004, at 10:30 a.m. At the hearing, the Court will decide whether to permanently terminate your parental rights over the above-named minor child born to Kristine Bracy on March 23, 2004. If you wish to be represented by an attorney and are unable to afford one, the Court will appoint an attorney to represent you.

Dated: 8/23/2004
/s/JUDGE OF THE JUVENILE COURT

Sep 1 8 15 22

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Patience is the art of hoping.

—Marquis de Vauvenargues

***

PUBLIC HEARING NOTICE

The West Sacramento City Council will conduct a public hearing on September 15, 2004 at 7:30 PM or as soon thereafter as possible on the following. The hearing will be held in the council chambers at the Civic Center, 1110 West Capitol Ave., West Sacramento. Interested persons are invited to attend. In compliance with the ADA, if you need assistance to participate in this meeting, you should contact the City Clerk at 617-4500. Notification 72 hours prior to the meeting will enable the City to make reasonable arrangements to assure accessibility to this meeting. City hall is handicapped accessible.

Continued public hearing and first reading on Resolution 04-62 amending the West Sacramento General Plan from RE to LR and Ordinance 04-13 amending the West Sacramento Zoning Map from RE to R-1-B for the Marshall Crossing project located at the intersection of Marshall Road and Seymour Avenue in West Sacramento (APN: 45-170-19, 20 & 21 AND 45-260-05)

Sep 8

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News-Ledger Directory *of* Local Places *of* Worship

Anna Street Baptist Church Rev. Norman Pollitt, 371-6560 1400 Anna St., W. Sac. Sunday School 10 a.m. Sunday Worship 11 a.m. Prayer Time 6:30 p.m. http://www.forministry.com/95605ASBC	**Community Lutheran Church** Rev. Marjorie C. Beach, Pastor 920 Drever St. ■ 371-8804 10 a.m. Worship/Sunday School Friendly, family, inclusive language. The 'come as you are' church.	**Seventh Day Adventist Church** H. Eugene Miller, Pastor 334-9315 2860 Jefferson Blvd., W. Sac. PO Box 447, W. Sac. 95691 Sat. Sabbath School 9:30 a.m. Worship 11 a.m. 372-6570
Trinity Presbyterian Church 1500 Park Blvd., W. Sac. Rev. Steve Whitney (916) 371-5875 Service: Sunday at 10 a.m. including children's programs.	**Holy Cross Catholic Church** 1321 Anna St. (near Todhunter) Rev. Chad Puthoff, SDS Sat. Vigil 5 p.m. (English) Sunday 9 (English) Noon & 7 p.m. (Spanish) Mon 8:30am, Tues-Wed 7am, Thurs. 6:45 (Spanish), Fri. 8:30 a.m. Call 371-1211	**First Southern Baptist Church** Rev. Gregory W. Kirk Sun. School 9:30 a.m. Sun. Worship 11am, 6:30pm Wed. 6:30pm Prayer Meeting & Bible Study 2124 Michigan Blvd. 371-2111
SouthPort Community Church Pastor Bruce Maier Celebration Worship Sunday 10:30 a.m. KidLand during service. Youth & Small Group Ministry for All Ages. 2568 Industrial Blvd. 372-7818 www.southportcommunity.com	**WestSide Covenant Church** Worship Services at Collings Teen Center 1541 Merkley Ave. Sundays 10 a.m. & 6 p.m. www.westsidecov.org 371-3933	**Our Lady of Grace Catholic Church** 911 Park Blvd., 371-4814 Father James B. Walsh, Pastor Masses: Sat. Vigil 5:30pm Sunday 9 & 10:30 a.m. Weekdays 7 a.m. No Mass on Thursday
Center for Spiritual Awareness 1020 W. Capitol Ave., 374-9177 Sun. services 9 & 11 a.m. Junior Church 11 a.m. Multicultural Gospel Choir Wed. 7 p.m. Peace Prayers *'The last place you should catch hell is your church.'*	**Church of Jesus Christ of Latter Day Saints** 2667 Linden Road Bishop Ray Jackson, (916) 372-1113 Sunday Meeting Times: Sacramento Meeting, 9 a.m. PUBLIC WELCOME!	**New Discovery Christian Church** Meets at Southport Elementary School 2747 Linden Road at 10:30 a.m. Pastor Jerry Green (916) 600-3784

SS JEREMIAH O'BRIEN

Step Back Into History Aboard World War II Liberty Ship

Free tours for active military personnel!

Free Parking!



Bring the kids and grandkids to share the World War II experience!

Port of Sacramento

SATURDAY, SEPTEMBER 18

Tour Ticket Prices: Adults - $7; Seniors - $5; Juniors (6-14) - $5; Children under 6 - Free; Military with ID - Free
(All ticket proceeds benefit the National Liberty Ship Memorial - 501(c)(3) non-profit.)

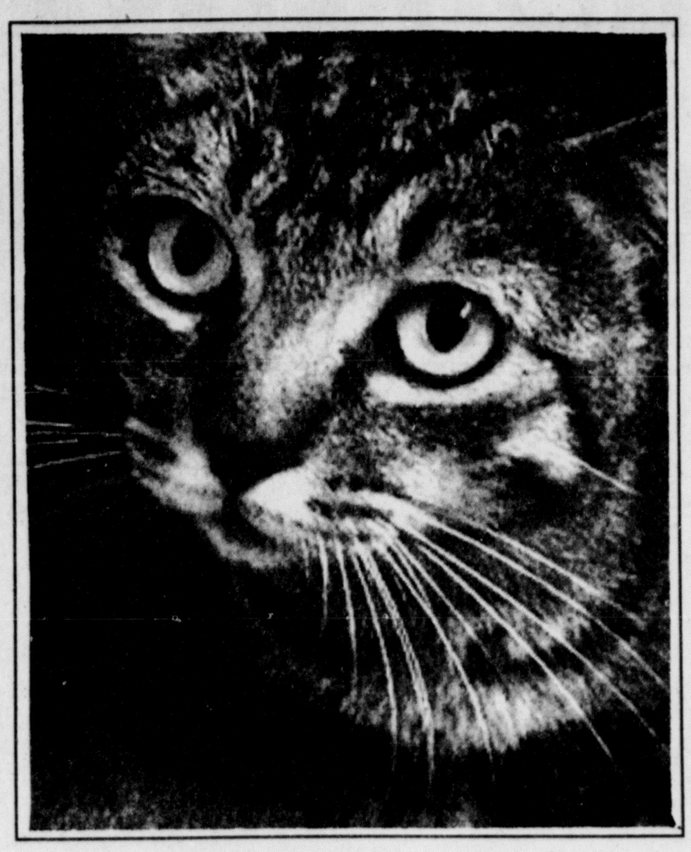
Directions to Port: Highway 80 to Harbor Boulevard exit. Entrance to the Port of Sacramento is at the intersection of Harbor and Industrial Boulevards in West Sacramento.

For Ship Tour Information: Call (916) 371-8000 or visit www.portofsacramento.com.
For Passenger Cruise Information: Call (415) 544-0100 or visit www.ssjeremiahobrien.org.

Pets of the week



'P.D.' is a year-and-a-half old neutered male German shephard mix, who really loves to be around people. His ID number is 23922.



'Puma' is a year-old short-haired brown tabby male, who is exceptionally friendly and loves attention. ID number 22934.

PD, Puma and a host of other adoptable pets are waiting at the Yolo County Animal Shelter, 2640 E. Gibson Road in Woodland, (530) 666-5287.

LETTERS

week's issue, I must agree on its good points except the optimism concerning the peanut barrier at the school crossing. It is a disaster waiting to happen. When fog sets in this winter that barrier design will be a problem. Angling traffic around it towards the sidewalk is wrong both in direction and common sense. I do, however, enjoy the nice wide traffic lane and its smooth quiet quality. The landscaping is fine but will it survive a strong winter storm?

M. IORNS
West Sacramento

In support of John Kerry

Surprise, surprise. One of our beloved local Republicans is challenging John Kerry's war record, dismissing the detailed Naval records displayed on the Kerry website as irrelevant. Mr. Besharian demands to see the "after action reports" and a handwriting analysis. He also wants to interrogate all military personnel attesting to the timeline, medical records and heroic combat.

Well golly, that depends. Based on the GOP's new found standards, certifications and citations mean nothing. Mr. Besharian must first prove he really is a citizen. A birth certificate doesn't count but a sworn statement by his mother and the doctor that delivered him would be helpful. Of course a handwriting analysis of those signatures would be required.

His Army GED diploma would also be suspect unless he provides a list of fellow students who actually saw him taking the test. In addition, he would have to jump through a series of hoops to validate his music making and truck driving achievements. Only then could he "reasonably" question the honor of John Kerry.

In the same vein, I asked my husband (the love of my life) who is a Republican, a Vietnam Vet and a recipient of a Purple Heart to prove he deserves that honor and he naively replied that the award should speak for itself. He said his official papers were packed away somewhere and the kids had played with his medals and ribbons over the years and he lost track of them. I told him not to worry because Republicans no longer recognized the authority of the Armed Forces to award Purple Hearts. He immediately shoved his scarred leg in my face and demanded I feel the steel pin and hunk of shrapnel still lodged in one arm (for the millionth time). In short, my husband will be voting for John Kerry or risk another war wound on the domestic front.

Why-oh-why are we still debating Vietnam when we are presently engaged in two god-awful wars. A global war on terrorism (horribly forced on us) that we must win; and a war in Iraq (caused by Bush blunders) that we can't afford to lose. Harking back to Peter, Paul and Mary, the answer is still blowing in the wind, but help is on the way. Vote for John Kerry.

HOPE HERR
West Sacramento

Port has been mismanaged

West Sacramento faces new challenges about what to do with the Port of Sacramento. The financial success of the port has drastically diminished over the years and has left it unable to compete in 2004.

It seems to me that in 1995 the new port director, John Sulpizio, should have been working on contingency plans to make the channel deeper for larger ships and have a facility for handling containers and getting them off ships. This new infrastructure would have allowed the Port of Sacramento to compete in the 21st century.

This is an example of bad leadership, vision and direction. The leaders from the commission to the port board members took the operation for granted, never thinking once that the economy would some day go bad and effect the port with major financial loses. Where was the contingency plan?

CHARLES SANO
West Sacramento

Fictitious Business Name Statement
Filed Aug 27, 2004
File No. 2004-850

The following person is doing business as Sport Bike Night, 3450 Jefferson Blvd., West Sacramento, 95691:

Michael Summers, same address.

This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on n/a.

/s/Michael Summers

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Aug. 27, 2004
by: /s/Ava Woodard, Deputy Clerk

Sep 8 15 22 29

PUBLIC NOTICE
September 2, 2004

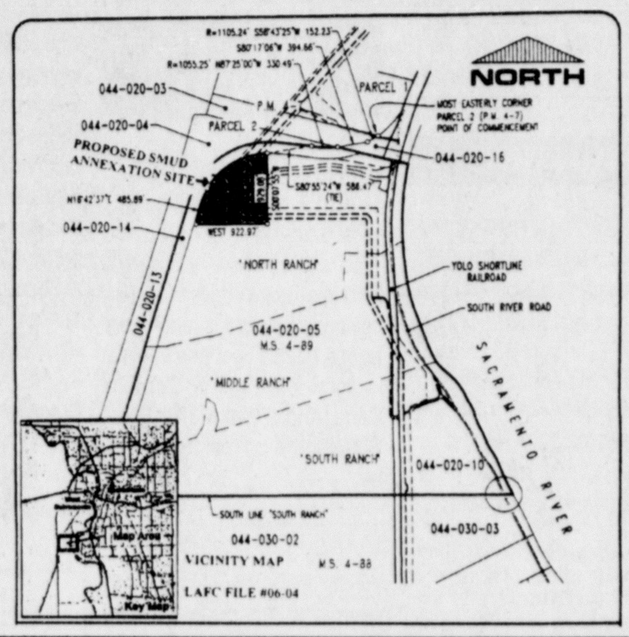
NOTICE IS HEREBY GIVEN that the SACRAMENTO LOCAL AGENCY FORMATION COMMISSION will hold a public hearing on Wednesday, October 6, 2004, at 5:30 P.M. in Board Chambers, Sacramento County Administration Center, 700 H Street, Sacramento, California, on the following matter:

SACRAMENTO MUNICIPAL UTILITY DISTRICT SPHERE OF INFLUENCE AMENDMENT AND ANNEXATION OF SACRAMENTO REGIONAL COUNTY SANITATION DISTRICT LOWER NORTHWEST INTERCEPTOR SOUTH RIVER PUMP STATION SITE IN YOLO COUNTY INTO THE SACRAMENTO MUNICIPAL UTILITY DISTRICT. (LAFC 06-04) [CEQA: Addendum to Environmental Impact Report] [Sch Nos. 2001112085 and 2002092071]

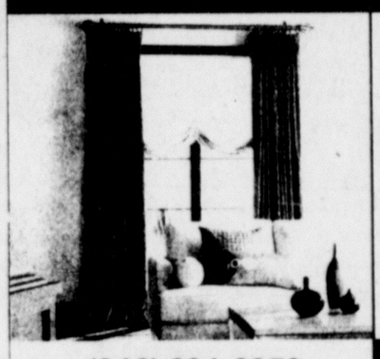
Sacramento Municipal Utility District initiated the proposal by Resolution No. 03-07-09. The Public Utilities Commission has adopted Resolution No. E-3876 making findings on this matter. The Sacramento Regional County Sanitation District Lower Northwest Interceptor South River Pump Station Site, approximately 14.948 acres, a portion of APN: 044-020-050, is located in the unincorporated area of Yolo County, south of the City of West Sacramento and approximately 600 feet west of the Sacramento River.

All project information, including a certified copy of the Public Utilities Commission Resolution is on file with the Executive Officer of the Sacramento Local Agency Formation Commission and is available for public review in staff offices of the Commission, located at 1112 I Street, Suite #100, during regular business hours. For information regarding this matter, please call staff offices at (916) 874-6458, or visit our website at www.saclafco.org

Peter Brundage (916-874-5935)
Executive Officer
Sacramento Local Agency Formation Commission



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Edward Jones



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STORYBOOK-HOMES TEAM
Debbie Woodruff (916) 769-6421
Tom Bilotta (916) 834-6421

WHAT'S COOKING IN THE BACKYARD?

Whether it's Texas spareribs or fresh Maine lobster, food cooking in the backyard this year is likely to be sizzling on a high-tech grill in a customized outdoor environment. Backyard dining has come a long way since the humble three-legged hibachi. Patios and decks are being converted to auxiliary entertainment centers, complete with outdoor cooking stations. Refrigerators, icemakers, ovens, beer dispensers and exhaust fans are all making the move to the backyard.

More than one-third of the $172 billion dollars invested by Americans in home improvement last year went toward upgrading outdoor spaces -- landscaping, gardening, pools, spas and hot tubs, outdoor furnishings and cooking equipment.

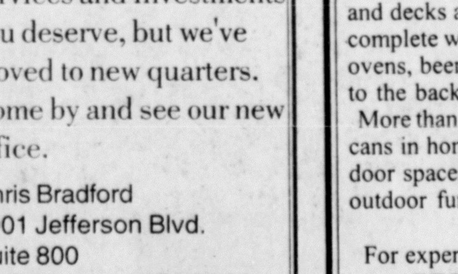
For experienced real estate help, contact:
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Visit: 1001 Jefferson Blvd., Suite 700, W. Sac.
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Your father-daughter team
1102 Jefferson Blvd., Suite D
West Sacramento, CA 95691
email: jpiatt@golyon.com
email: dbair@golyon.com
Jim: 916.375.1122
1.800.579.3024
Debbie: 916.802.8447
Fax: 916.375.1144
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Joining us



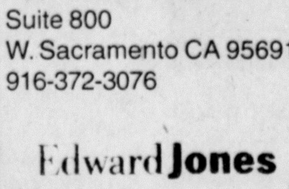
Marc L. Concepcion, D.O.
James F. Lee, M.D.
Susan Rosten, F.N.P.
Tari Smith, P.A.
Kim Hernandez, P.A.

River Bend Medical Associates, Inc.

* makes good sense

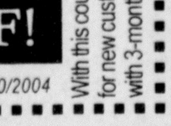
River Bend Medical Associates invites you to join us at our beautiful new state of the art medical facility located in the new Parkstone Medical Building.

* Fully staffed state of the art medical facility
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A51

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PPC-5.03.tfn

***

It's only possible to live happily ever after on a day-to-day basis.

—Margaret Bonano

***

Time will discover everything to posterity; it is a babbler, and speaks even when no question is put to it.

—Euripides

***

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Carpentry, painting, home repairs, decks, fences, painting. Green River Construction, Lic. #841445. Call Jeffery Bryan, (916) 798-3638.

1tfn

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MARK A. COOPER LANDSCAPE SERVICES. Weekly, bi-weekly service, licensed & insured. Call for a free estimate. Mark Cooper, (916) 375-2664.

18tfn

HOMES FOR SALE

HOME CLOSE TO NUGGET MARKET: 1634 Sausalito Rd., West Sacramento CA. $368,800. This is a big home! 4 bdrms, 2 full baths, lvg rm with frplc, vaulted ceilings. Fully landscaped yard front & back. Great home, great location. Move right in. Call John Kane, Kane Realty, 373=5300. Southport's top real estate broker.

4tfn

WEIGHING VALUES? Just move in to this perfect starter home. 3 bdrms, 2 full baths, over 1000 sq ft of living space. Pergo flooring, 2-car garage, vinyl windows, much more. Act quick on this genuine bargain. 816 Morning Glory St., $274,900. Call Jeff Puliz, Parkside Property, 373-9600, www.jeffpuliz.com

2tfn

VALUABLE LAND FOR SALE: 1428 Hobson Ave., W. Sacto. "New Orleans shotgun-style" home sits on property, vacant over 30 years. Value is in the land, square feet in existing structure, & utility connections. $120,000. JOHN KANE, Parkside Property, 373-5300.

2tfn

COMING SOON: September 2004! Newer home built in 1991 in Southport on a large corner lot. Home is 1800 sq ft, 4 bdrms, 2 full baths, formal living room, kitchen family room combo with high vaulted ceilings, large master bdrm with sliding glass doors to rear patio, professionally landscaped front & rear with raised gardens & walk paths. This home was designed for entertaining and will make someone a perfect home. Owner will establish price in September. Be one of the first to see this home when it comes available, by calling JOHN KANE, 373-5300, "Your Southport Specialist." Kane realty & Parkside Property.

jk-52tfn

WOW! What a Value! Check out this fully loaded 3 bdrm, 2 full bath home with over 1,500 sq ft of living space, featuring 2 master bedrooms. Also new exterior paint, whole house fan, on-demand hot water, vinyl windows, plantation shutters. Don't miss seeing this home before you buy. $264,950, 1516 Michigan. For pics & info, visit www.jeffpuliz.com. Jeff Puliz, Parkside Property (916) 373-9600.

46tfn

Brand-new 1,900 sf single level home on cul de sac. 3 BR, 2 baths, 3-car garage, $384,000. Owner/agent. (916) 220-9622.

S54

FOR A QUALITY HOME, look no further! Popular "Clipper" model features meticulous finish work & very open, spacious floorplan. Master suite is downstairs with his/hers closets. Master bath has jetted tub & separate shower. Upstairs: 2 bdrms, mini-suite, 400-sq ft bonus room. Total living sq ft is 3,180. For complete list of upgrades & floorplan, contact Jeff. 1452 Lemontree Rd., $492,500. Jeff Puliz, Parkside Property, 373-9600, www.jeffpuliz.com

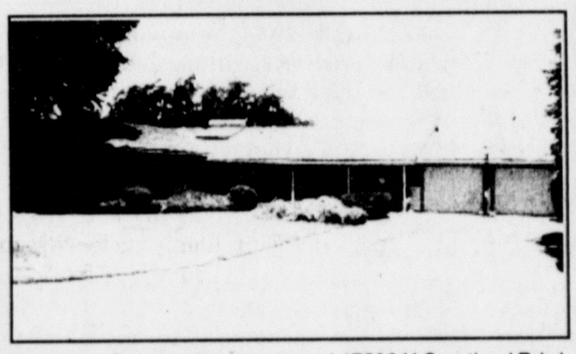
2tfn

LOTS OF HOUSE FOR THE MONEY: 1012 Hemlock Ave., West Sac. 4 bdrms, 2 full baths, living rm w/frplc & hardwood floors. Big kitchen, CH/A, 2-car garage, fenced rear yard. Great area near shopping, park, freeway. $288,600 & worth your attention! Call JOHN KANE, 373-5300 for your apptmt to view this home. Parkside Property.

2tfn

YOUR HOME SOLD IN TEN DAYS. Get your home sold in 10 days or less. Use JOHN KANE's exclusive marketing for your home! If your home does not sell, then there are NO FEES or COSTS to you. JOHN KANE, 373-5300. Broker/Owner: Kane Realty & Parkside Property

CLARKSBURG COUNTRY HOME



Clarksburg Country Home on 1 acre! 47530 N Courtland Rd. 4 bdrm, 2.5 baths, over 2,300 sq ft, very spacious floorplan, F/R fireplace. Original owner home. $575,000. Call Arla Hendricks, agent, (916) 600-3001.

4

REAL ESTATE

LOT FOR SALE: $179,900. The old saying "Buy lots when they are young" is still true. How about an 0.2 acre lot on corner of Sacramento Blvd. & Douglas? Has a number of options. Currently zoned residential, with possibility of lot split, multiple family duplex or commercial -- would check with City. Build your dream home or build your dream. Call JOHN KANE, 373-5300. 'Your West Sacramento Specialists.' Kane Realty & Parkside Property.

46tfn

DUPLEX FOR RENT

DUPLEX for rent: 4 bdrm, 2 baths, 2-car garage, living rm, family room, backyard patio. $1100/mo plus depo. 372-6814.

H-5

HOUSES WANTED

I can buy your house in 10 days for cash! Call Jim, (530) 902-7228.

04-#20

HOMES FOR RENT

CLEAN & QUIET! 2 bdrm, 1 bath, garage, quiet neighborhood, "state streets" area of West Sacramento. Perfect for older couple or single person. Includes water/garbage. $1000/mo. Contact majaholmes@aol.com or call (510) 654-9383.

4

GOT $$$ TROUBLE? House payments taking everything? We can bring your loan current, save your credit, prevent foreclosure & you can live in your house rent-free. Broker L/M (916) 371-1912.

jk26tfn

APARTMENTS FOR RENT

LET US be your source for West Sacramento rentals! S&S Property Management, owner Bill Shower. Call 371-1870 or email rentals@ssproperty.com for information on what could be your next home!

AFFORDABLE LIVING: 1 bed, $615. 2 bed, $700. Gas included. Ask for "Moving Special" (916) 371-4515. Harbor Park Apartments. Hablamos Espanol.

50 - 9

AUTOS

1997 Pontiac Grand Am, runs excellent, good cond., AC, smog, $2500 firm. 372-2330.

4

CHILD CARE

FREE CHILD CARE REFERRALS: Child Care Services offers free child care referrals to licensed family child care homes and child care centers. For referrals and other information, call (530) 757-5695 or (800) 723-3001.

2004-30

PLUMBING

Plumbing service & repair. Drain work. Realistic prices, senior discounts. Call Gary at Town Craft Plumbing, 372-0871.

50tfn

State-Wide Classified Advertising

"Be wary of out of area companies. Check with the local Better Business Bureau before you send any money for fees or services. Read and understand any contracts before you sign. Shop around for rates."

ADOPTIONS

PREGNANT? CONSIDERING ADOPTION? We can help! We specialize in matching families with birthmothers nationwide. Toll free 24 hours a day 866-921-0565. One True Gift Adoptions. (Cal-SCAN)

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CAR DONATIONS - CHOOSE your charity: Children's Cancer, Boy/Girl Scouts, Big Brothers, SPCA, YMCA, AIDS, Housing Homeless, and many more. *Free Pickup* Tax Deductible 1-888-395-3955. (Cal-SCAN)

BUSINESS OPPORTUNITY

ALL CASH CANDY Route. Do you earn $800 in a day? Your own local candy route. Includes 30 machines and candy. All for $9,995. MultiVend, LLC 880 Grand Blvd., Deer Park, NY 11729. 1-800-814-6047. (Cal-SCAN)

ARE YOU MAKING $1,000 per week? All cash vending routes with prime locations available now! Under $9,000 investment required. Call Toll Free (24-7) 888-333-2254. (Cal-SCAN)

SECRET SHOPPERS NEEDED for Store Evaluations. Get paid to shop local Stores, Restaurants & Theaters. Training provided. Flexible hours, e-mail required. 1-800-585-9024 ext. 6242 (Cal-SCAN)

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$$CASH$$ CASH NOW for structured settlements, annuities and insurance payouts. (800)794-7310. J.G. Wentworth.... J.G. Wentworth means cash now for structured settlements. (Cal-SCAN)

CASH FOR STRUCTURED Settlement / Annuity payments. It's your money! Get cash now when you need it most! Oldest/best in the business. Settlement Purchasers. 1-877-MONEY-ME. (Cal-SCAN)

CASH LOANS UP to $1000. No Credit Check! Cash in your checking account within 24 hrs. Employment Req. Go to www.goldstarcash.com or call 1-866-756-0600. (Cal-SCAN)

$$$$$ GET CASH NOW. We buy structured settlements and insurance annuities. Call Structured Asset Funding Now!! 1 (877) 966-8669 (Cal-SCAN)

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TOO MUCH DEBT? Don't choose the wrong way out. Our services have helped millions. Stick to a plan, get out of debt & save thousands. Free consultation. 1-866-410-6791. Freedompoint. (Cal-SCAN)

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A COOL TRAVEL Job. Now hiring (18-24 positions). Guys/Gals to work and travel entire USA. Paid training, transportation, lodging furnished. Call today, Start today. 1-800-709-9885. (Cal-SCAN)

FIREFIGHTERS WANTED. NO exp. necessary. All training and travel provided at our expense. Max age 34 for H.S. Grads. Benefits pkg + salary. Call 1-800-345-6289. (Cal-SCAN)

STERLING BMW Newport Beach, CA has openings for BMW Trained Technicians. Great weather year round. Contact Trent Witsaman (949) 645-5900; Fax Resume: (949) 631-8496 (Cal-SCAN)

HELP WANTED/ DRIVERS

DRIVER - COVENANT TRANSPORT. Teams and Solos check out our new pay plan. Owner Operators, Experienced Drivers, Solos, Teams and Graduate Students. Call 1-888-MORE PAY (1-888-667-3729) (Cal-SCAN)

DRIVER - OTR, REGIONAL / Local Positions for Solos. $5,000 sign-on bonus for teams living anywhere in U.S.! O/O's-$1/mile (all miles)! Class A CDL with HazMat. 800-801-8816. (Cal-SCAN)

DRIVER. TUITION REIMBURSEMENT for recent driving school graduates! No credit checks! Classes starting soon! Also hiring experienced OTR drivers. 800-781-2778 (Cal-SCAN)

DRIVERS - BIG PAY! New 26-46 / mile pay increase! Hiring for all Divisions. Ask about Dedicated & Regional. Low cost CDL training available. 1-866-333-8801 www.swifttruckingjobs.com (Cal-SCAN)

LAND FOR SALE

40 BEAUTIFUL ACRES. Only $24,900. Stunning land outside Ruidoso. Survey, soil tested, warranty, deed, electric. Maintained all weather roads. Minutes to Nat'l Forest. Convenient to Ruidoso. Low Financing Available. 1-888-292-9711. www.nmranches.com (Cal-SCAN)

NEW MEXICO - FIRST time offer. Private ranch - 140 acres, $69,900. Mature tree cover, gorgeous grasslands all at an amazing 7,500 ft. elevation. Mountain views, power and year round roads. Excellent financing. Call NML&R, Inc. 1-888-370-5263. www.pinonsprings.com (Cal-SCAN)

SO. COLORADO RANCH Sale 40 acres $26,900. Outstanding Rocky Mt. views, access to 6000 ac of BLM recreation land. Getaway for a weekend or a lifetime! Elec/Tel included. Year round access, excellent financing, low down payment. Call today toll-free! 1-866-696-5263. (Cal-SCAN)

SO. COLORADO RANCH Sale 109 acres $44,900. Enjoy rural living at its best! Access to 6000 ac of BLM recreation land. Year round access, elec/tel included. Spectacular Rocky Mt. views and stunning sunsets! Excellent financing, low down payment. Call today! 1-866-696-5263. (Cal-SCAN)

MEDICAL SUPPLIES

ABSOLUTELY NO COST to you!! Brand New Power Wheelchairs and Scooters. Call toll free 1-800-843-9199 24 hours a day to see if you qualify. (Cal-SCAN)

MISCELLANEOUS FOR SALE

ANNOUNCEMENT: NOW HIRING for 2004 Postal Jobs. $16.20-$39.00/hr. Paid Training. Full Benefits. No Experience Necessary. Green Card OK. For listings call 1-866-895-3696 Ext. 4000. (Cal-SCAN)

FREE 4-ROOM DIRECTV System includes installation. 4 mo. free programming w/NFL Sunday Ticket subscription. Over 205 channels! Limited time offer. S&H, restrictions apply. 1-800-360-4039. (Cal-SCAN)

NOW HIRING For 2004 Postal Jobs. $16.20-$39.00/hr. Paid Training. Full Benefits. No Experience Necessary. Green Card OK. For listings call 1-866-399-5718 ext 3000. (Cal-SCAN)

POSTAL POSITIONS - $16.20-$39.00/Hour, No Exp. Necessary / Pd. Training & Benefits. For Listings call 1-877-265-2181. Announcement #J650 (Cal-SCAN)

POSTAL POSITIONS. HIRING for 2004 $16.30-$45.15/hr. Full benefits package & vacation. Green Card Accepted. For Listings call 1-800-651-7024 ext. 4415. (Cal-SCAN)

POSTAL POSITIONS! NOW Hiring for 2004 - $16.00 - $58.00+/ hour. Federal hire w/ full benefits, paid training and vacations. No experience necessary. For listings call 1-866-317-0558 ext.131. (Cal-SCAN)

REAL ESTATE/ ACREAGE

ARIZONA BEST BARGAIN, 36 acres - $39,900. Beautiful ranch in Williams/Flagstaff area, perfect 6,100' climate. Spectacular mountain views. Affordable financing. AZLR 1-877-282-5263. (Cal-SCAN)

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BUILDING SALE! "ROCK Bottom Prices!" Quick Delivery. Beat next price increase. Go Direct/Save. 20x26, 25x30, 30x40, 35x60, 40x80, 45x90, 50x100, 60x180. Others. Pioneer 1-800-668-5422. (Cal-SCAN)

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OPINION

News-Ledger Editorial

Port study doesn't answer the big questions

A quick look at the "draft" version of the new maritime demand analysis for the Port of Sacramento shows us a few things:

■ The study doesn't appear to mention how many people actually work at the port; this is difficult number to pin down, and one that tends to stay below the radar screen. The study does mention that "an estimated 343 full time jobs are directly associated with the Port's current operations," but that includes workers in related industries such as trucking and inland transportation. The study admits that without the Port of Sacramento, "some of these jobs would be lost and other jobs might be created" – longshore and stevedore positions would likely move elsewhere, such as the Port of Stockton. There is still no clear picture of the local employment value of the port.

■ The study's authors, the Parsons Brinckerhoff consultants, feel that shipping bulk cement presents an excellent opportunity to stabilize the port's future cargo base since bulk agricultural products are not a dependable market.

■ Deepening the channel (from its current 30-foot depth) provides an opportunity to better try to maintain current cargoes. But the cost of dredging is estimated at $50-70 million, with an estimated $15-18 million local share to match an expected federal share. Obviously, the costs are yet just estimates, and it is difficult to say that either local or federal governments will be willing to pick up the tab.

■ "A few large agricultural shippers see the Port as vitally important to their operations," says the study, but "most shippers interviewed believe that other options are available to them or could be developed if needed and were relatively indifferent about the Port."

■ The study's authors admitted that their estimates of revenues from new shipping were based on certain projections (cargo projections and revenue comparisons) that were assumed, but not studied in-depth. They also referenced recent income and loss information from the Port that, to an outsider, may not seem accurate once you add in "fudge factors" such as sales of land or chronic deferred maintenance. These factors can "spin" the port's bottom line and make the port's shipping operations appear more profitable than they really are. The study, its authors admit, did not carefully study many economic assumptions.

So the question of whether the Port of Sacramento will remain viable isn't entirely settled, although the study does shed light on hopeful market strategies for the future. In this sense, the study is of value, but only in a limited way.

More to the point is the question of return on investment for the Port of Sacramento. If the feds and the locals both agree to invest millions in the port's shipping future, what, exactly, will they get in return? This kind of analysis – the kind you might have to do if you apply at your local bank for a business loan – remains outside the discussion parameters.

As it has for way too long.

So the big questions remain – what is the economic benefit of the port's facilities and acreage, can it be viable as a shipping port, how much will it cost to make it viable, and is it worth it?

Letters to the Editor

Park Boulevard crosswalk is less safe

The planted peanut on Park Boulevard obscures and distracts driver's vision of the crosswalk. Southbound drivers now concentrate on maneuvering around the peanut that hides the children going to school until they start across the southbound lane. As the plants grow the children will be less visible. The crosswalk guard now waves a 5-foot long stop sign but drivers are too distracted to see it. The through lanes definitely should be straight as before and there should be no plantings so drivers can see the full length of the crosswalk without distraction.

How ironic that a tragic crosswalk accident has led the city council to enact a change for the worse, over the wisdom and experience of the majority of Park Boulevard drivers.

ROD WATSON
West Sacramento

Stop complaining about Park Blvd.

I am writing this letter in response to several letters to the editor that I have read over the last several weeks. I have lived in this community for most of the last 36 years. I cannot believe the amount of whining that my neighbors are doing about this change to Park Boulevard. Let us not forget that the catalyst behind the rapid change was the fact that Mr. Brown gave his life as a crossing guard protecting our children. I commend our city leaders trying to rectify the traffic flow problem on Park. I have been an officer with the CAP for the last ten years. In those ten years I have investigated hundreds of traffic collisions. In all those investigations I have never found a stationary/inanimate object (planter) to be the cause of a collision. Our concerns should be with the lack of driver's safety/awareness and not with complaining.

TIM G0YTIA
West Sacramento

Ground is sinking in Southport

(The following letter was sent to the West Sacramento City Council by some concerned Southport residents)

During the on-going construction in the Jefferson/Linden area, your road crews and/or the developers building all these new homes and the shopping center engaged in some serious ground water removal. Those pumps, which were erected along Jefferson Boulevard and Linden Road appeared to be running 24/7.

Ironwood, Spruce, and Redwood are all below the level of Linden. Removing so much ground water was bound to cause problems and it has.

Southport home owners in the Ironwood area are experiencing problems we feel are directly linked to the loss of ground water. The ground is sinking. The homes here are over 30 years old, too old for "settling" to be the culprit. That would have occurred within the first five years after construction. Some examples of what is happening are:

1. The cement patio at 3017 Ironwood is sinking. This problem surfaced within the last year and cannot be attributed to settling as the patio has also been in place for over 30 years.

2. The gutters adjacent to the asphalt surface of Ironwood are sinking in front of at least five of the residents. Water now puddles in front of our homes and flows away from the only gutter drain on the street.

3. The patio and side walks at 2972 Ironwood are also separating, sinking and cracking.

We are aware only of the plights of our immediate neighbors. I would not be surprised to discover the damage is more extensive. Those known to be affected are the Ditlevsen, DeAnda, Romero, Lee, and Schmidt families. All of these homes are located at the south end of Ironwood and two of the five have swimming pools. What happens when the pools start to sink?

The city needs to address this problem and soon. Further delay in correcting this will lead to more extensive damage. Ignoring the problem will not make it go away.

We are sending a copy of this letter to the West Sacramento News-Ledger to help bring the problem to the attention of other Southport residents who may think they are suffering alone.

We are awaiting your reply.

PATRICIA DITLEVSEN, BETTY SCHMIDT, MARTIN DE ANDA, BALDEMAR ROMERO & THOMAS LEE
West Sacramento

Park Boulevard: good and bad

After reading a complimentary letter to the editor on the subject of Park Boulevard in last

Please see LETTERS. p. 5

Fictitious Business Name Statement
Filed Aug 11, 2004
File No. 2004-790

The following person is doing business as Three Feathers; Three Feathers Guest Ranch; Three Feathers Bed & Breakfast, 18960 County Road 75A:

Rumsey Indian Rancheria, PO Box 18, Brooks CA 95606.

This business is conducted by a Government (tribal).

The registrant commenced to transact business under the fictitious business name or names listed above on Aug. 5, 2004.

/s/Paula Lorenzo

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Aug 11, 2004
by: /s/Linda Smith, Deputy Clerk

Aug 25 Sep 1 8 15

Fictitious Business Name Statement
Filed July 22, 2004
File No. 2004-734

The following person is doing business as Mary's Garden Help, 1412 Chestnut Place, Davis CA 95616:

Mary R. Klein and Kevin M. Klein, same address as above.

This business is conducted by Husband and Wife.

The registrant commenced to transact business under the fictitious business name or names listed above on July 1, 2004.

/s/Mary R. Klein
/s/Kevin M. Klein

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: July 22, 2004
by: /s/Elizabeth Montoya, Deputy Clerk

Aug 25 – Sep 15

Fictitious Business Name Statement
Filed Aug 25, 2004
File No. 2004-835

The following person is doing business as Suburban Energy Services, 2874 South Cherry, Fresno California 93706:

Suburban Propane, L.P., 240 Route 10 West, Whippany NJ 07981; Suburban Energy Services Group LLC, 240 Route 10 West, Whippany NJ 07981.

This business is conducted by a Limited Partnership.

The registrant commenced to transact business under the fictitious business name or names listed above upon filing.

/s/Janice Meola Sokol, as VP and Secretary of Suburban Energy Services Group LLC, the general partner of Suburban Propane, L.P.

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Aug 25, 2004
by: /s/Ava Woodard, Deputy Clerk

Sep 8 15 22 29

Fictitious Business Name Statement
Filed Aug 26, 2004

File No. 2004-846

The following person is doing business as F&J Home Improvements, 2580 Lagoon Lane, West Sacramento CA 95691:

Step Two Construction, Inc., 50950 County Rd. 128A, West Sac. CA 95691.

This business is conducted by an Unincorporated Association – Other than a Partnership.

The registrant commenced to transact business under the fictitious business name or names listed above on Aug. 1, 2004.

/s/Shawndra Beecher

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Aug 26, 2004
by: /s/Linda Smith, Deputy Clerk

Sep 1 8 15 22

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Applause is the only appreciated interruption.
—Arnold Glasow

***

There is no verbal vitamin more potent than praise.
—Frederick B. Harris

***

Fictitious Business Name Statement
Filed Aug 6, 2004
File No. 2004-780

The following person is doing business as Aqua Boys Marine, 528 Galveston Street #A, West Sacramento CA 95691:

Teofil Iorga, 416 Chaparral Way, West Sacramento CA 95691; Daniel E. Leon, 6853 Buena Terra Way, Sacramento CA 95831.

This business is conducted by a General Partnership.

The registrant commenced to transact business under the fictitious business name or names listed above on Aug 2, 2004.

/s/Teofil Iorga & Daniel E. Leon

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Aug 6, 2004
by: /s/Ava Woodard, Deputy Clerk

Aug 18 – Sep 8

IN THE SUPERIOR COURT OF THE STATE OF CALIFORNIA IN AND FOR THE COUNTY OF YOLO
In the Matter of NIA ANNALYSE-DRISTINE GARCIA, Minor.
NO. JV-04-00129
CITATION

TO: Jesus Garcia and All Persons Claiming To Be The Father.

YOU ARE HEREBY CITED AND REQUIRED TO APPEAR at a hearing in Yolo County Juvenile Court, located at 725 Court Street, Woodland, California, 95695, on September 22, 2004, at 10:30 a.m. At the hearing, the Court will decide whether to permanently terminate your parental rights over the above-named minor child born to Kristine Bracy on March 23, 2004. If you wish to be represented by an attorney and are unable to afford one, the Court will appoint an attorney to represent you.

Dated: 7-1-2004
/s/JUDGE OF THE JUVENILE COURT

Aug 18 25 Sep 1 8

Fictitious Business Name Statement
Filed Aug 26, 2004
File No. 2004-844

The following person is doing business as Pro Sweeping, 1716 Deerwood St., West Sacto. CA 95691:

Randall A. Carasco and Christofer Pappas, 1716 Deerwood St., West Sacto. CA 95691.

This business is conducted by a General Partnership.

The registrant commenced to transact business under the fictitious business name or names listed above on Aug. 4, 2004.

/s/Randall A. Carasco

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Aug. 26, 2004
by: /s/Elizabeth Montoya, Deputy Clerk

Sep 1 8 15 22

***

Efficiency is doing things—not wishing you could do them, dreaming about them, or wondering if you can do them.
—Frank Crane

***

File No. 2004-773
FICTITIOUS BUSINESS NAME STATEMENT

The following person(s) is/are doing business as: ADVANCE AMERICA / ADVANCE AMERICA, CASH ADVANCE CENTERS, 1780 East Main Street, Suite 400, Woodland, CA 95776

Advance America, Cash Advance Centers of California, LLC, Delaware, (LLC 200026510070 (CA)), 135 North Church Street, Spartanburg, SC 29306

This business is conducted by a limited liability company.

Registrant has not yet begun to transact business under the fictitious business name or names listed herein.

I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)

SIGNED: ADVANCE AMERICA, CASH ADVANCE CENTERS OF CALIFORNIA, LLC, By: William M. Webster, IV, President

This statement was filed with the County Clerk of Yolo County on August 4, 2004.

NOTICE-This Fictitious Name Statement expires five years from the date it was filed in the Office of the County Clerk. A new Fictitious Business Name Statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).

First Filing
News Ledger
CN711042 Aug 18,25, Sep 1,8, 2004

Fictitious Business Name Statement
Filed Aug 11, 2004
File No. 2004-792

The following person is doing business as FJS Consulting, 607 G Street, Davis CA 95616:

Frederick J. Sundstrom, 3401 Cutter Pl., Davis CA 95616.

This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on July 22, 2004.

/s/Frederick J. Sundstrom

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Aug 11, 2004
by: /s/Carol Grein, Deputy Clerk

Aug 18 25 Sep 1 8

Fictitious Business Name Statement
Filed Aug 26, 2004
File No. 2004-843

The following person is doing business as FunTime Investments; Five Star Marketing; Universal Builders; Construction Specialties, 1716 Deerwood St., West Sacto. CA 95691:

Randall A. Carasco, 1716 Deerwood St., West Sacto. CA 95691.

This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on Aug. 4, 2004.

/s/Randall A. Carasco

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Aug. 26, 2004
by: /s/Elizabeth Montoya, Deputy Clerk

Sep 1 8 15 22

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Progressiveness is looking forward intelligently, looking within critically and moving on incessantly.
—Waldo Pondry Warren

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The purpose of life is to believe, to hope and to strive.
—Indira Gandhi

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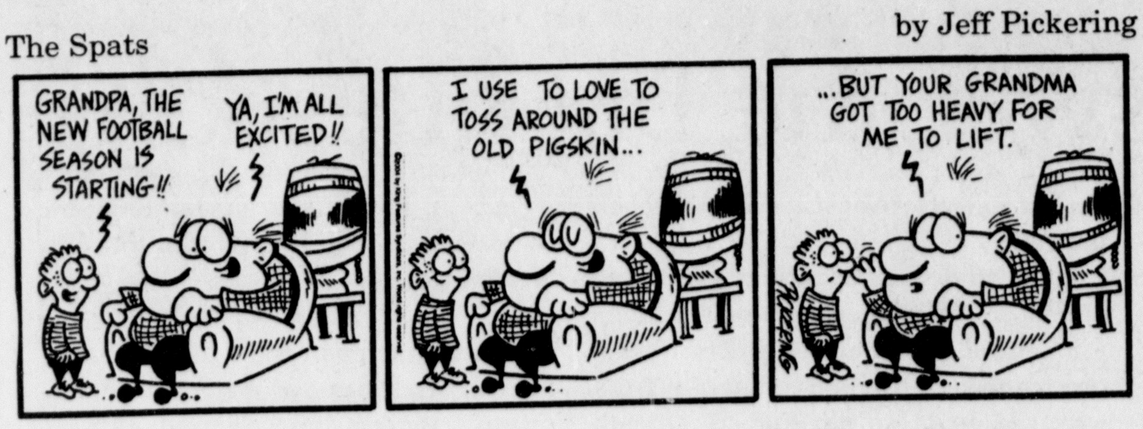
Who makes quick use of the moment is a genius of prudence.
—Johann Lavater

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PUZZLES & COMICS

The Spats

by Jeff Pickering



R.F.D.

by Mike Marland



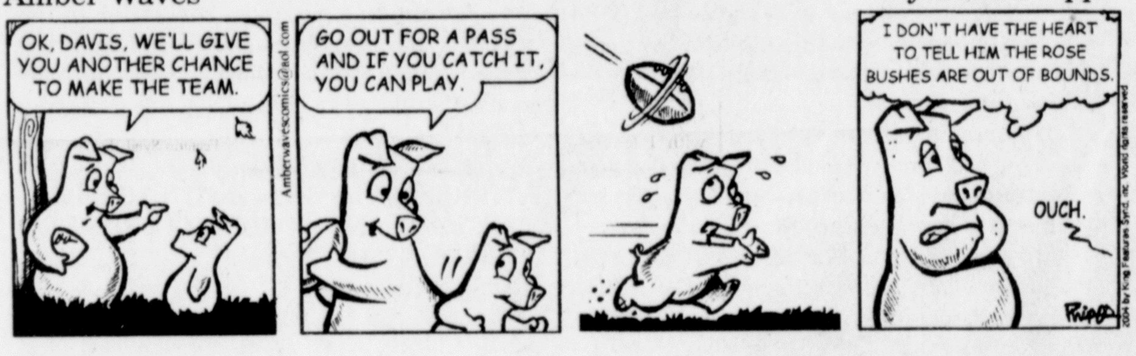
Out on a Limb

by Gary Kopervas



Amber Waves

by Dave Phipps



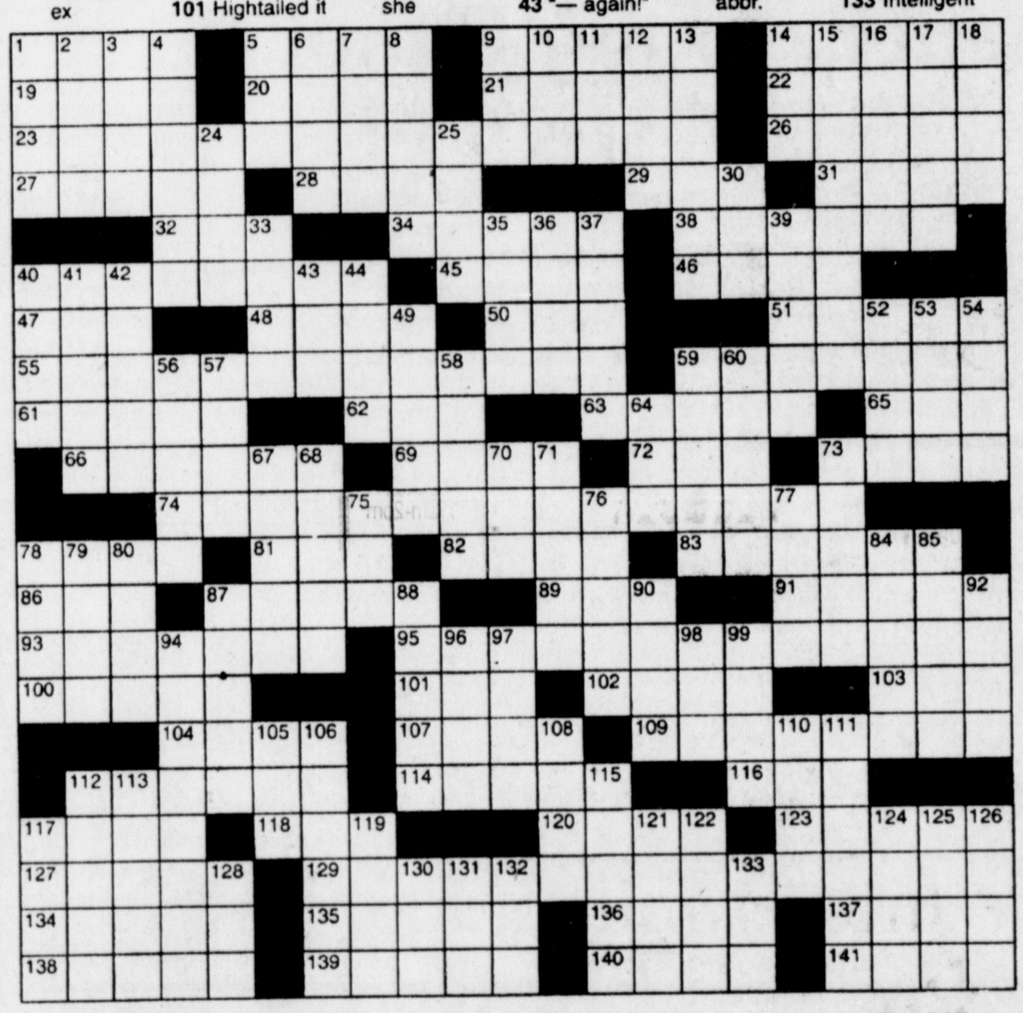




Super Crossword — TITLED TITLES

ACROSS
1 Actor Postlethwaite
5 Amonasro's daughter
9 Tracking tool
14 Looked like Lothario?
19 Sore
20 Hose problem
21 Lissome
22 Uccello or Veronese
23 Eugene O'Neill drama
26 Hangs tinsel
27 British astronomer
28 Cipher
29 Baby shark
31 Manumit
32 Ike's domain
34 Nom de crime?
38 More delicate
40 "Rawhide" and "Gunsmoke"
45 — Flynn Boyle
46 Hoffmann creation
47 "Ab —" (from the start)
48 Sock spot
50 Bar supply
51 George Hamilton's ex
55 Roger Miller tune
59 Joseph Conrad novel
61 Steep slope
62 With 25 Down, successful
63 Steeple part
65 "Stroker —" ('83 film)
66 Musical chords
69 Skip
72 Rock's — Leppard
73 Spouses no more
74 C.S. Forester book
78 Certain orchestra
81 Baseball stat
82 Ward of "Sisters"
83 Rang
86 Castilian cry
87 Actress Burke
89 Item in a lock
91 Exodus figure
93 Stevie Wonder song
95 Hal Foster comic strip
100 Ponchielli's "Dance of the —"
101 Hightailed it
102 Belfry sound
103 Hog's honey
104 "How sweet —!"
107 React to an allergen
109 "Madame Bovary" author
112 Pepsin or lipase
114 Operetta composer
116 Vane dir.
117 Schwarzenegger's birthplace
118 Dino, to the Flintstones
120 Catherine — -Jones
123 Damocles' dangler
127 "— Gay"
129 Phoebe Cates film
134 Microwave feature
135 Chilling
136 Tombstone lawman
137 Harvest
138 Earthquake
139 Patriot Silas
140 Tare's relative
141 Rochester's missis

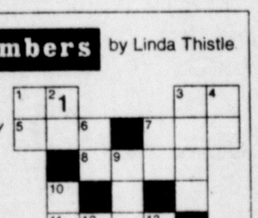
DOWN
1 Walkway
2 Resound
3 He and she
4 A hole near the sole
5 Bit part in "Cleopatra"?
6 Singer Foxx
7 Venture
8 Where Athenians assembled
9 Scott's "The — Quartet"
10 Past
11 Clamor
12 Evelyn's brother
13 Upshot
14 Select, with "for"
15 20th President
16 Chateau valley
17 Glue guy
18 Health measure?
24 Dole (out)
25 See 62 Across
30 Ram's remark
33 "Carmina Burana" composer
35 Shakespearean villain
36 Schipa solo
37 Tuneful Tommy
39 Irish county
40 Yan's pans
41 Dislodge
42 Submarine finder
43 "— again!"
44 Manhattan district
49 High-toned guy?
52 Sophoclean tragedy
53 Pleasant
54 Mingo's portrayer
56 Southern staple
57 Colorful fish
58 Harold of "Ghostbusters"
59 Capt.'s subordinate
60 Gluck's "— ed Euridice"
64 Bogus Bach
67 Jacobi of "I, Claudius"
68 Black
70 Cola cooler
71 Raptor feature
73 Chou —
75 In good shape
76 Civil Rights org.
77 Israeli airline
78 Ritzy
79 Hodgepodge
80 Lima's land
84 Work on a crossword?
85 Patron
87 Fresh from the trail
88 Taxing time?
90 Scuba site
92 Package abbr.
94 Pours gently
96 Figure of interest?
97 Move like molasses
98 Kilmer or Bisoglio
99 Word of woe
105 Mischief-maker
106 Trickled
108 Mist
110 "Back in the —" ('68 song)
111 "Watch out!"
112 Cartoonist Bushmiller
113 Campbell or Judd
115 Alarm button
117 Understands
119 "Lemon —" ('65 hit)
121 Obsolete title
122 Lot size
124 Carry out orders
125 Circus sound
126 Waterproofing material
128 Shrug part
130 Private pension
131 Palindromic diarist
132 Artichoke heart?
133 Intelligent



Rational Numbers

by Linda Thistle

Using the clues, simple arithmetic, and a little logic, place a single digit (0 to 9) in each empty box in the diagram. To help you get started, one digit has been entered in the diagram.



ACROSS
1. Forty more than 14-Down
3. Seven more than 12-Down
5. 14-Across plus 1-Down
7. Consecutive odd digits in descending order
8. Five more than 3-Down
11. Seventy more than 10-Down
14. Thirty less than 7-Across
15. Four times 1-Across
18. Fifty less than 6-Down
19. 6-Down minus 3-Across

DOWN
1. 14-Down plus 17-Down
2. One-fifth of 1-Down
3. One hundred more than 11-Across
4. 2-Down plus 6-Down
6. Five more than 7-Down
7. Three times 2-Down
9. Three more than 15-Across
10. Six times 9-Down
12. Digits of 18-Across reversed
13. Four more than 2-Down
14. 3-Across plus 13-Down
16. 18-Across plus 14-Down
17. 12-Down plus 13-Down

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MAGIC MAZE ● PAUL REVERE

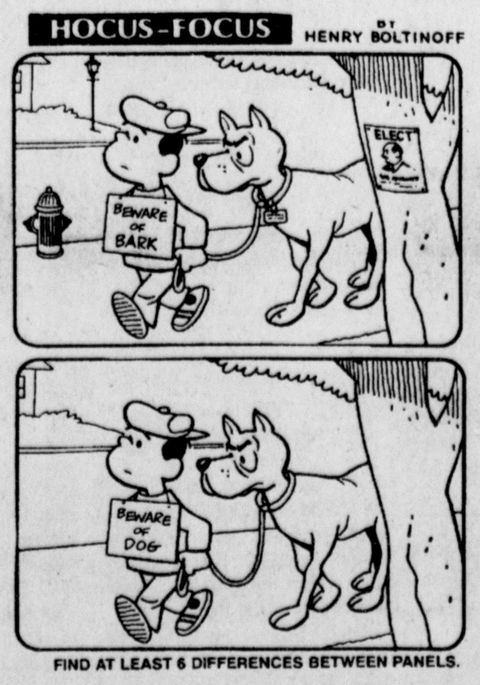
B W D A W E S T A O C D E R U
M R C P T O I R T A P N L W J
H I O D N A L Y B F I E N O F
D E N G R A V E R P B Z X L V
T R C U Y Q E O R M M K I L H
F D O T T B R E G N E S S E M
Z Y R W V E S T R Q O O N F L
K A D I H C M F D C P T A G Z
P X W V O U I E S R Q O S N N
M K J T N O T G N I X E L O I
H F T E D T H G I N D I M L B

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

Boston, Concord, Dawes, Engraver, Lexington, Longfellow, Messenger, Midnight, Minutemen, One if by land, Patriot, Poem, Prescott, Redcoats, Silversmith

HOCUS-FOCUS

BY HENRY BOLTINOFF



FIND AT LEAST 6 DIFFERENCES BETWEEN PANELS.

Wishing Well®

3	7	4	8	5	2	6	7	6	7	8	6	2
O	D	B	L	Y	M	A	E	C	E	I	T	U
8	5	6	4	6	3	4	7	2	7	4	6	5
F	O	B	E	O	T	S	P	S	E	E	L	U
6	7	5	3	4	8	7	2	5	2	8	2	5
D	N	R	H	L	E	E	I	E	C	I	E	C
2	7	3	7	5	2	8	7	5	3	4	3	6
N	D	E	D	E	J	S	E	I	R	F	S	L
3	5	4	8	5	3	6	3	5	8	3	5	2
H	V	R	P	E	E	Y	L	P	E	P	R	O
4	7	8	5	2	5	8	2	8	2	8	5	4
E	S	A	I	Y	Z	C	E	E	D	F	E	L
7	4	8	7	3	7	3	8	4	7	4	3	4
I	I	U	R	Y	E	O	L	A	S	N	U	T

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DINING, TRAVEL & ENTERTAINMENT

Books

House on the River
By Nessa Rapoport
(Harmony Press, $16)
Reviewed by Cindy Elavsky

We all remember fondly the lazy days of summer, especially the weekends. We cherish the time when we can sit languidly on a deck chair, sipping iced tea and not worrying about appointments in our Day Runners or the number of missed calls on our cell phones. Many of us are not so lucky as to be able enjoy an entire week's worth of reflection and solace. Nessa Rapoport was.

In "House on the River," Rapoport chronicles her family's summer-ending houseboat cruise down the Trent-Severn Waterway in Ontario, Canada. She and her mother, aunts, uncles and children spend seven days catching up with each other — and themselves.

Rapoport's poetic voice lends itself to the memoir's lilting tone. Wistful memories of vacations past intermingle with fresh memories created by her own children and their relationships with Rapoport's aging elders. The days are still spent lying on a dock watching the water moving through the spaces between the planks, only now the main players are the next generation of children.

While not exactly wanting to return to her own childhood, Rapoport's fondness for the simple pleasures of being a kid reinstates itself in her reflective memoir. This book is a celebration of family — of knowing someone so completely and instinctively that you can picture what they are doing with your eyes closed and hear what they are saying when they aren't even in the same room.

"House on the River" is a magnificent journey of the soul, of understanding and cherishing one's life and family. As the Rapoport's boat slowly glides toward its final destination, the reader can see that the family had been there all along — this was merely for the enjoyment of the ride.

Books reviewed in this column are available at your local bookstore.

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Good Housekeeping

Tip: Baking Cookies

For evenly baked cookies, bake one sheet of cookies at a time in the center of the oven. If you want to bake two sheets at a time, position the racks in the upper and lower thirds of the oven. Halfway through baking, rotate the cookie sheets between the upper and lower oven racks (unless directed otherwise) and rotate them front to back.

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CRITIC'S CORNER
By D.NA Smith

"Napoleon Dynamite"

Running time: 86 minutes
MPAA rating: PG

"Napoleon Dynamite" will propel you into a Universe of Quirky you didn't think existed. This is the funniest low-budget indie film I've seen in years, and it is definitely headed for cult status.

The bizarrely proportioned Jon Heder stars as Napoleon Dynamite, a high-school Über-nerd with a tall, gangly and uncoordinated body, puffy hair, cheesy Foster Grant specs and a deadpan vocal delivery that would make Steven Wright sound spastic.

Napoleon lives in Idaho with his brother Kip (Aaron Ruell), a 32-year-old shut-in who spends day and night cruising online chatrooms for babes, and their grandmother, who at one point in the film breaks her coccyx while dirt biking. There is also a surly llama in the back yard. The boys' Uncle Rico (Jon Gries) is caught in a 1982 time warp and dreams about the one time in high school when he almost got called in to play in a football game. This is one family that puts the "fun" in dysfunctional.

To say that Napoleon is an outcast in his school is an understatement. But he is so convinced of his own greatness and destiny, he doesn't seem to be too affected by it. He just goes through his day, totally clueless of the fact that he is annoying others. In one scene he sees a girl drinking milk and says, "I see you're drinking 1 percent. Is it because you think you're fat? You could drink whole milk."

The movie, although mostly linear in its storytelling, is more like a series of vignettes highlighting Napoleon's life. At one point, he befriends a new student named Pedro (Efren Ramirez)



Jon Gries, Jon Heder and Aaron Ruell

and decides to run him as a candidate for class president. In order to get Pedro on the ballot, though, Napoleon is forced to dance in front of the whole school. So he puts on some moon boots, aviator glasses and does the freakiest funked-up dance ever recorded on film. That scene alone is worth the price of admission.

The acting in this movie is superb. The writing is crisp and funny, and the jokes and gags are understated. If I had one complaint, it would be that there were a few scenes that could have been paced a little quicker.

Still, I highly recommend you see "Napoleon Dynamite." For a film made on a $200,000 budget, it plays like a million bucks.

GRADE: A-

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A successful marriage requires falling in love many times, always with the same person.

—Mignon McLaughlin

****

****

Conscience is the inner voice which warns us that someone may be looking.

—H.L. Mencken

****

THE CHOPPING BLOCK
by Philomena Corradeno

ONIONS ARE A COOKING ESSENTIAL



Maggie Waldron, food expert, author and editor, said, "It's probably illegal to make soups, stews and casseroles without plenty of onions." I agree. It's one of the foods I always make sure I have on hand. It's as essential as salt in much of my cooking, and I thank the harvest gods that they're available all year.

Cooked or raw, onions are a flavoring agent, but they also stand on their own as a side dish, particularly with red meats.

Medium-to-large onions make a delicious entree when partially hollowed out and filled. And they look good too. Featured here is a large yellow onion filled with very thin pasta flavored with herbs. (White sweets such as the Spanish, Vidalia, Walla Walla or Texas sweet varieties do well too.)

Second is a side dish to accompany poultry, meats or fish, or to solo in a hero chunk of French or Italian bread.

Oh, yes, onions are low in calories and contain a generous amount of a nutrient called quercetin, which may protect against cataracts, cancer and cardiovascular disease. They also contain certain natural chemicals that are believed to lower blood pressure and cholesterol levels.

PASTA STUFFED ONIONS

- *4 large yellow onions*
- *2 teaspoons olive oil, divided*
- *8 ounces dry capellini pasta*
- *4 ounces thin sliced pancetta or bacon, diced*
- *2 tablespoons unsalted butter*
- *1/4 teaspoon salt*
- *1/8 teaspoon black pepper*
- *1/2 teaspoon minced fresh thyme*
- *1 tablespoon balsamic vinegar*
- *1 cup chicken stock*
- *2 tablespoons minced fresh Italian parsley*

Wash onions, leaving outer skins on. Cut off about 1/4 of top at blossom end. Place onions and tops cut side down on baking sheet. Drizzle with 1 teaspoon olive oil. Bake in 350 F oven for 45 minutes to 1 hour until soft inside. Remove from oven; set aside to cool.

Cook capellini pasta until al dente, 4 to 5 minutes. Rinse in cool running water. Drain well; toss with remaining 1 teaspoon olive oil. Set aside. Cook bacon or pancetta in sauté pan until crisp. Drain and set aside.

When onions have cooled, scoop out centers leaving 2 layers of onion and skins intact. Reserve shells. Julienne insides of cooked onion. Place in heavy saucepan with butter, salt, pepper and thyme. Cover and cook over low heat, stirring often until caramelized.

When ready to serve, re-heat onion shells and tops in 350 F oven for about 10 minutes. Heat caramelized onions with balsamic vinegar, chicken stock and pancetta. Test for seasonings. Add pasta and heat through in sauce. Add parsley; toss well. Place pasta inside onion shells. Serve with tops slightly askew. Makes 4 servings.

MEDITERRANEAN ONION SAUTÉ

- *4 yellow or white onions, sliced in rings*
- *Pinch saffron powder (optional)*
- *1 teaspoon salt*
- *1/4 teaspoon black pepper*
- *2 teaspoons chopped fresh parsley*
- *2 teaspoons chopped fresh chives*
- *2 teaspoons chopped fresh thyme*
- *2 teaspoons olive oil*

Break apart onion slices into individual rings and place in large mixing bowl. Mix saffron, salt and pepper. Mix in fresh herbs. Sprinkle seasoning mixture over onion rings, tossing to combine evenly.

Heat oil over medium heat in nonstick pan. Add onions and sauté about 8 minutes, or until onions are tender. Makes 4 servings.

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People seem not to see that their opinion of the world is also a confession of character.

—Ralph Waldo Emerson

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Perfection is achieved, not when there is nothing more to add, but when there is nothing left to take away.

—Antoine de Saint-Exupery

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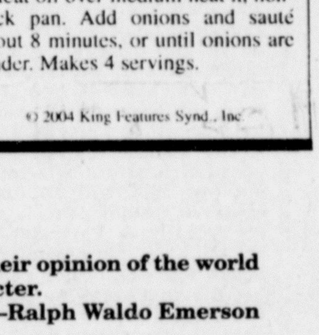
CELEBRITY extra

by Evelyn Green

Q. My daughter, who is 4 years old, watches "Clifford, the Big Red Dog" on our PBS station. My question is, I know the late John Ritter was Clifford's voice for years. Is that still his voice, or have they replaced him on the show? — *Carol M.*

A. They have not replaced John Ritter's voice on the series, since it ended in 2003, the year he died, and is now in reruns.

John Ritter also provided Clifford's voice in the newly released feature "Clifford's Really Big Movie," which was completed shortly before his death.



John Ritter

****

Q. I'm curious about how quickly those beautiful movie stars get their figures back after giving birth or, in the case of Renee Zellweger ("Bridget Jones's Diary"), after gaining a lot of weight for a movie. Is it all really just exercise and diet? — *W.L.*

A. It's diet plus individually designed workouts to buff up as the weight comes off. The new moms also say it helps them lose weight more quickly if they nurse their babies for at least the first few months. It seems nursing burns more calories than spending hours on a stair climber.

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Q. I'm a basketball referee in California. I understand that Ben Affleck is working on or will be working on a basketball movie. I'd like to contact the casting agency to try out for any basketball ref roles in the movie. — *John C.R.*

A. Affleck's "hoop dream" is over. He was supposed to star in Disney's "Glory Road," the story of Don Haskins, the legendary Texas Western coach whose 1966 college basketball squad became the first all-black team to win the NCAA national championship. But Affleck left the flick when he and the Big Cheeses at the Mouse House couldn't agree on how much money would seal the deal.

Disney, however, is going ahead with the film and has already held auditions for young black basketball players to be in the movie. You might want to contact Disney Studios at 500 S. Buena Vista, Burbank, CA 91521. Send your photo and resume and a short letter asking to be considered for a role as a referee. But keep in mind that with rare exceptions, producers are not likely to hire actors without an agent acting as their representative, especially if the request comes in, as they say, over the transom and not in response to their casting call. That aside, good luck.

****

Q. I have a bet with someone that the location of the fictional town of Cabot Cove, Maine, where "Murder, She Wrote" is set, is actually in Maine or northern Massachusetts. My friend says it's really in the Canadian province of Prince Edward Island. Who is right? — *Roselle N.*

A. To Roselle as well as Bobbi and Richard, who also asked about the Cabot Cove setting, the "New England" town used in the series is actually in Northern California.

Have a question for Evelyn? E-mail her at letters.kfws@hearstsc.com, or write to her in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

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PAGE FROM THE PAST

INDEPENDENT-LEADER FRIDAY, MAY 9, 1924.

WASHINGTON NEWS ITEMS

The Sacramento River registered 3 feet 6 inches, United States gauge at the Southern Pacific bridge yesterday. This is the lowest stage of the river for this time of the year in twenty years. A year ago at this time the river gauge showed on the same date 11 feet 10 inches, as was then recorded on the gauge on the Southern Pacific bridge. N. R. Taylor, meteorologist, declared that the river during the month of April averaged 4 feet 5 inches, which is 15 feet 1 inch below the normal stage.

A new home is being built by Marcel Tash on his ranch near Riverview, on the highway lately built through West Sacramento. The home will cost in the neighborhood of $5,000 and is one of the first to be built in that locality. The contractor is M. F. Terra of Sacramento.

Saturday noon will be the last day on which the canneries of Sacramento will receive consignments of spinach. The crop is about harvested and any that is yet left on the land will be permitted to go to seed. However, nearly all the growers have finished harvesting and had a fairly good crop with a standard price under contract with the California Packing Corporation.

A license was issued last Tuesday to Edward LeRoy Mackey and Pearl Alberta O'Haver, both of West Sacramento. The license was issued in Sacramento and the young people have already gone on a short honeymoon.

Frank Janik was receiving his principal consignments of goods yesterday with which to stock his store at West Sacramento headquarters. Besides the automobile service station he has established there, he will also carry a stock of cigars, soft drinks, ice and a small selection of groceries. The service station is now nearly completed and is a model for convenience and quick service. Janik will also add to his stock as he goes along and expects to make his place a stopping place for all West Sacramento farmers and travelers from the Holland district.

The Washington Star Club initiated three new members last Wednesday night in its weekly meeting at the Westminster Church in Sacramento. The club has now joined the Twilight Baseball League of Sacramento and is on the schedule for games with other clubs of the league. Last Sunday the boys played the Japanese team of Sacramento and beat them by a score of 19 to 9.

The Canteen Auto Camp has disposed of nearly all its tents and those not yet sold will be disposed of as soon as possible. It is the intention of McNally & Partridge, the owners, to build a permanent structure to house tourists. They report that during the past week increased travel on the state highway has added considerably to their business, and that as the quarantine is being lifted on account of the foot and mouth disease the increase in traffic is becoming more noticeable.

Leo Lee has been added to the force of the Fraser & Doyle service station to look after the root beer stand that was lately opened by the owners. Lee reports that business is good, but nevertheless he is about to quit to go into business for himself in Sacramento. To replace him, it is the intention of Fraser & Doyle to place a fascinating young lady in charge of the stand.

H. Barton, a vagrant picked up by Constable Buckingham last Monday, was sent to the county jail for sixty days by Judge Barry. He had been loafing around the jungles south of the M street bridge and evidently was cooking canned heat for his own use and the use of several others who have become victims of the Volstead law.

Annie Brusch was returned to Woodland last Friday by Judge Barry to spend ninety days with Sheriff Monroe for having transgressed on the promise she made three days before when she was released by the sheriff. Just three days out of jail, Annie forgot herself and in the carelessness of a wonderful jag brought on by canned heat she stretched out in the shade of the M street bridge, where she was picked up by Constable Buckingham. After sobering up in the local calaboose she was taken before Judge Barry, who sentenced her to ninety days with the sheriff.

Roy Sherman and family from Orange County in Southern California, was a visitor last Wednesday at the Van Deren and George homes. The family was on its way from the south to visit relatives in Plumas County and stayed only a few hours in Washington.

Last Tuesday, Jim Meyers of Live Oak spent the day at the home of Mrs. George. He returned to Live Oak Wednesday morning.

John Bernacchi has bought a half interest in the Hoffman House from D. Mazoni and in the future will attend strictly to the business in the place. It is the intention of the proprietors to add pool and billiard tables to the establishment and make their place an inviting resort for the young men of the community. Bernacchi intends to move his family, which consists of seven children, to Washington.

Real improvements are being made at the Beale store by the installation of several large show cases and other conveniences that will help to give better service to customers. For perishable goods a refrigerator show case has been installed, wherein will be stored butter, cheese, eggs, milk and such perishables.

The Washington meat market is undergoing a renovation under the direction of the proprietor, Ed. Moss. The place is being painted and thoroughly cleaned.

Mr. and Mrs. Henry Jasper of Wheatland were entertained Wednesday at the Washington home of Mr. and Mrs. A. M. Cameron.

Harley Austin and family have returned to their Washington home after a week's visit spent in the vicinity of Clear Lake.

Mrs. Catherine Brown of Washington is spending a few days visiting at the home of her brother, John Reese of Florin.

Among the Washington residents serving on a jury in Woodland Wednesday were Mrs. A. A. Dassonville, Mrs. Maggie Hanson, Mrs. Annie Korrell, Mrs. Cora Snyder and Norman White.

Mr. and Mrs. A. M. Cameron spent Tuesday in Woodland on a business visit from their Washington home.

Mr. and Mrs. Ward Pagnello and son Richard, accompanied by Mrs. Avril Shoemaker and children, have returned to Washington, after spending a few days in Oakland visiting with friends.

Mr. and Mrs. Harry Van Deren have moved from Oak Park to Washington and are now occupying the Hansen home at the corner of Second and Harriet streets.

O. P. Cook is making extensive improvements on his property, including the erecting of an additional two rooms to the house.

The Washington grammar school will close on June 20th for the summer vacation, and will reopen on September 10th.

After spending the past few days in the vicinity of Dillon's Beach, J. A. Allerton and family and Miss Elizabeth Moran returned to their Washington home.

Vernon Porter, who recently returned from an extensive trip which included a stay in Honolulu, is visiting in Washington as the guest of his mother, Mrs Harry Davis.

HIRAM A FAVORITE IN THIS SECTION OF YOLO COUNTY

Although Hiram Johnson lost the State of California last Tuesday, to Calvin Coolidge by a majority of over 50,000 votes, there remains the fact that the voters of Sacramento and Yolo Counties still gave him a majority vote.

The returns by precincts in Washington were as follows:

NORTH WASHINGTON	
Johnson	48
Coolidge	11
McAdoo	38
No preference	5
SOUTH WASHINGTON	
Johnson	64
Coolidge	15
McAdoo	27
No preference	2

In each of the above precincts Debs received 1 vote.

RIVERBANK	
Johnson	75
Coolidge	8
McAdoo	13
No preference	1

No socialist or prohibition votes were cast in these precincts.

CLARKSBURG	
Johnson	98
Coolidge	40
McAdoo	10
No preference	5
SOUTH PUTAH	
Johnson	3
Coolidge	1
McAdoo	4
No preference	0

LIVESTOCK IS MOVING AGAIN ON SOUTHERN PACIFIC LINES

Yesterday four carloads of cattle were moved into Sacramento on a Southern Pacific train, the first that has been seen in shipment since the quarantine was placed on account of the foot and mouth disease.

Yesterday 10,000 young lambs were reported in transit from Willows to eastern markets, but confirmation of this report could not be received by the Independent.

This is welcome news to farmers who have been looking for an outlet for their stock for slaughtering, and evidently is a forerunner to a complete relief of the quarantines that have been in existence for several weeks.

In another column column will be found word published from the central headquarters that the disease is practically under control or nearly entirely subdued.

The loss to farmers has been great, especially those whose stock has been slaughtered after having been found afflicted with the disease.

Fortunately the federal government gave all the aid possible in quelling the disease.

Foreign authorities credit Japan with practically 100 per cent literacy.

REAL BLOCKADE FOLLOWED BIG FIRE IN SACRAMENTO

For two hours last Wednesday evening, Constable Buckingham was forced to act as traffic officer on the Southern Pacific bridge in an effort to keep traffic moving following the great fire at the fruit sheds of the Southern Pacific Company along the waterfront.

Residents of Washington who watched the parade are willing to assert that not less than 10,000 automobiles passed between the two bridges and returned to Sacramento.

The principal jam occurred at the entrance to the Southern Pacific bridge at Third and Anne streets, where autos were lined up forty and fifty to a line waiting for a chance to pass.

For more than two hours the stream of autos passed continuously between one bridge and another, some coming west over the M street bridge and some over the Southern Pacific bridge.

Fortunately every driver knew that it was imperative on him to drive slowly and no damage was done, although some cars were held in line for more than two hours.

CLARKSBURG PARENTS WANT BETTER ROAD FOR SCHOOL CHILDREN

Woodland, May 6.—An appeal for road improvement on the Sacramento levee route from Freeport to Clarksburg was made to the board of supervisors here yesterday by a delegation of Clarksburg union school district, pleading in the interests of education. According to the report of the delegation, it is now impossible to travel the present road, denying the children the opportunity of attending school from the north of Clarksburg.

There has recently been added to the levee road several feet of sand from dredging operations made by the adjoining reclamation district to bring the levee up to road grade with the understanding that the road would then be improved or paved. There now exists a stretch of three miles which is practically impassable, thus making it impossible for the school bus of the district to make the trip. This forces the trip to be made by a back road which is also in poor shape and in the rainy season impossible to travel.

The need of the Clarksburg people is undenied by the board and it is only the financial problem that is confronting them. Supervisor W. E. M. Beardslee, who took his seat with the board yesterday for the first time since his appointment, will no doubt make this call the first business of his official position.

JAPANESE GIRL DROWNS IN WEST SACRAMENTO CANAL

A three-year-old Japanese girl, the daughter of Miyano Yuki, farmer of West Sacramento, was drowned Wednesday afternoon in an irrigation ditch, a short distance from where her parent was working in a field.

The father saw the child fall into the ditch and rushed to her rescue. She was dragged from the water a few minutes later and a physician summoned, but the child was dead when the doctor arrived. The little girl had been playing in the field and in an unguarded moment ventured to the edge of the ditch and fell into the water.

The body of the child was taken to Sacramento for burial following an investigation of the case by Coroner Ross Wilson.

Statistics issued the other day go to show that Native Sons in California are decreasing.

Surely nobody will have the hardihood to accuse the natives of birth control ideas.

The accusation has often been made that the Anti-Saloon League is running the government of these United States.

But you can't notice it, can you? Lots of booze.

6% Loans Under Reserve System on city or farm property. Reserve Deposit Company, 72 Fourth Street, Portland, Ore.

PARK YOUR CAR IN
REED AUTO PARK
AND FEEL SAFE
Nearest Place to MOREING FIELD
Just North of Entrance
25 Cents 25 Cents

HOFFMAN HOUSE
Re-opened and under New Management
Soft Drinks Pool Billiards

HAY PRICES NOW RANGING AROUND $20 PER TON

In the Holland district last Monday 250 tons of baled alfalfa hay was sold for $20 per ton in the field.

This is a splendid price for first cutting alfalfa and will mean at least $24 or $25 per ton for other crops to come later on.

No hay was left over from the harvest of last year and owing to the shortage of the rainfall of this last spring large crops of hay are not expected by the growers.

Several farmers in West Sacramento have started irrigating their alfalfa fields and these should reap a splendid harvest during the coming fall.. Irrigated alfalfa grows wonderfully in the West Sacramento district, for even without irrigation six crops are usually produced.

At the present writing all irrigation ditches in the district are filled to the brim and many whose land borders on low canals have only to cut a ditch to permit their fields to be flooded.

Around Dixon and between there and Suisun hundreds of acres of grain along the Southern Pacific right of way appear as if the crop of grain was not worth cutting. As a matter of fact, sheep are being turned into many fields, indicating a hopelessness for a hay crop or even a grain crop in that locality.

The Holland district and the West Sacramento districts are faring splendidly, not only in the alfalfa crop but in the grain crop.

ELECTION POSTPONED MEETING OF BOOSTERS CLUB LAST TUESDAY

Owing to the fact that the town hall was occupied by the election board last Tuesday evening, the regular meeting of the Washington Boosters Club was postponed to next Tuesday night at 8 p. m.

Several members of the club gathered on the outside of the hall, but feeling that the election returns should not be disturbed, no meeting was called.

An increased membership is expected to be present at the next meeting, because the membership committee has been active in soliciting the presence at the club of many of the property owners of the town.

TAX DELINQUENCY IN YOLO COUNTY IS $14,831.00

Woodland, May 8.—Tax Collector Robert Woods yesterday made his settlement of the collections of the second installment of taxes with County Auditor R. P. Wallace. His collections during the month of April amounted to $319,391.51, which, with taxes previously collected, aggregates the sum of $905,185.67 collected for the tax period.

Woods is charged with $920,017.64, leaving a delinquency of $14,831.97, or 1.612 per cent. This is a trifle more than the average percentage of delinquency, it generally running about from 1 per cent to 1 1-3 per cent.

A considerable amount will yet be collected before Woods makes his final settlement which occurs on or about June 12, at which time such property as then remains delinquent is sold to the state and owners must resort to the more complicated and expensive process of redeeming such tax sales through the office of the county auditor.

In spite of repeated warnings, deaths are caused by the operation of automobile engines in closed garages. Carbon monoxide is given off by an automobile engine at all times and is extremely poisonous. When it is necessary to leave the engine running, all the doors and windows of the garage should be open or the car should be driven into the open.

ADDITIONAL GROUND IS TAKEN OVER FOR CAMPING PURPOSES

A block of vacant ground, bounded by Fourth and Fifth streets and by Harriett and Mary streets, now vacant, with the exception of four small houses, has been taken over by J. Pereira to be used by him as an addition to the West Sacramento auto camp.

Yesterday Pereira told the Independent that it was his intention to clean up and remodel the houses on the block and also to place the entire block in condition for camping.

This property has been owned by Mrs. J. Harbinson for several years, bringing but little revenue in rentals for the houses that were occupied by colored residents or Mexicans.

The property is now under option by Pereira, to be purchased outright before the option expires.

Pereira has also bought the house and lot at the corner of Fourth and Mary streets, also formerly owned by Mrs. Harbinson. This house he will have remodeled for his own residence and will direct both camping blocks frrom central headquarters to be located in this latter house.

AUTOISTS AND PEDESTRIANS WATCH EACH OTHER CAREFULLY

Axel Field, a pedestrian in West Sacramento, last Wednesday night at a point just north of headquarters was somewhat injured when he bumped into an automobile driven by Ted Jackson of Auburn.

It would seem that Field was somewhat scared of the automobile and in the glare of the headlights moved out into the center of the road. Jackson, believing him to be a holdup man, stepped on the gas and luckily for Field, he jumped on the radiator of the car just as he was about to be struck. Explanations were made and Constable Buckingham, who had been summoned to the point squared the matter up.

Jackson took Field to the emergency hospital in Sacramento and had his injuries attended to.

Last Monday night as Buckingham was returning from Woodland, a red light was flashed on him at a point at about half-way between the causeway and the Fifth street subway. He slowed down, but anticipating trouble he prepared for it, for he believed the party waving the red light intended to hold him up.

Evidently the parties recognized the constable and proceeded on their way to Sacramento, remarking as they passed Buckingham's car, "How far would you have gone if you hadn't stopped."

Buckingham followed the auto but the occupants made sure of eluding him by extinguishing their lights and running into some side road where they were missed.

RIVER GROWERS SET PRICE FOR SCHEDULE PACKING

Courtland, May 3.—Representatives of the various fruit shipping concerns in this district met here with growers to fix prices for fruit packing in the coming season.

Agreement was reached that no bonus will be paid for packing and that if a head packer is to be employed, he will be paid by the day or month.

The following schedule was adopted:

Pears—Making boxes, packing and lidding, 8 cents per package.

Plums—Making crates, packing and lidding, 10 cents per package.

The price for labeling was fixed at one-fourth cent for each label. Where extra cleats are used, one-half cent extra per package will be paid.

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ARF'S RATTLE YARD

T.S. No. 04-EC0513-A APN: 045-442-01-1 NOTICE OF TRUSTEE'S SALE **YOU ARE IN DEFAULT UNDER A NOTICE OF DELINQUENT ASSESSMENT DATED 2/19/2004. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER.** On 09/14/2004 at 9:00 A.M., ALLIED TRUSTEE SERVICES, INC. As the duly appointed Trustee under and pursuant to Notice of Delinquent Assessment, recorded on 2/24/2004 as Document No. 2004-0006957-00 Book Page of Official Records in the Office of the Recorder of Yolo County, California, property owned by: Denise V. West WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH, (payable at time of sale in lawful money of the United States, by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state.) at: the rear (North) entrance to the City Hall building, 1110 West Capital Ave, West Sacramento, CA, all right, title and interest under said Notice of Delinquent Assessment in the property situated in said County, describing the land therein: A.P.N.: 045-442-01-1 The street address and other common designation, if any, of the real property described above is purported to be: 2609 Independence Avenue West Sacramento, CA 95691 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum due under said Notice of Delinquent Assessment, with interest thereon, as provided in said notice, advances, if any, estimated fees, charges, and expenses of the Trustee, to-wit: $2,742.00 Estimated Accrued interest and additional advances, if any, will increase this figure prior to sale The claimant, Touchstone Estates Homeowners Association under said Notice of Delinquent Assessment heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located and more than three months have elapsed since such recordation. Date: August 19, 2004 ALLIED TRUSTEE SERVICES, INC 2270 DOUGLAS BOULEVARD, #112 ROSEVILLE, CALIFORNIA 95661 For Sales Information Please Call 619-590-1221 Erin E. Cannon Trustee's Sale Officer 08/25/04, 09/01/04, 09/08/04 R-111453

PUBLIC LIEN SALE

Notice is hereby given pursuant to CA Bus. and Prof. Code 21700 et seq. Harbor Self Storage, 541 Harbor Blvd., West Sacramento, California will, for purpose of satisfying lien for storage, sell at public auction at 9:30 A.M. the 21st day of September, 2004, the contents of storage spaces named below, which consist of misc. personal property, household, garage & lawn equipment, misc. boxes & garbage bags of clothing and bedding, and a 1975 Chevrolet Van.

Terms and inspection prior to sale.

A-01 Kaycee Gutierrez; A-34 Patricia Pinzon-Moreno; D-39 Mike & Debbie Colangello; D-42 Mike & Debbie Colangello; E-19 Patricia Pinzon-Moreno; E-28 Roxann M. Cruz; E-49 Mike & Debbie Colangello; G-40 Roy T Weldon, Jr.; H-05 Leslie R. Beams; I-20 Jimmy O Kitchens; K-21 Fred L Ceriani; K-62 Keodoro Rivera; RV-7 Mike & Debbie Colangello.

J. Michael's Auction Service
Bd. #1836232
Sep 1 8

ESTATE OF LORALEE ANN ABRAMS aka LORI ABRAMS
NOTICE OF PETITION TO ADMINISTER ESTATE OF
Petitioner/Executor
WILLIAM C. BUNN
CASE NUMBER PB04-217

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of Loralee Ann Abrams AKA Lori Abrams

A PETITION FOR PROBATE has been filed by William C. Bunn in the Superior Court of California, County of Yolo.

THE PETITION FOR PROBATE requests that William C. Bunn be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on September 22, 2004, at 8:30 a.m. at Dept. 11 at Yolo County Superior Court, 812 Court St., Woodland, CA 95695.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in Probate Code section 9100. The time for filing claims will not expire before four months from the hearing date noticed above.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a "Request for Special Notice" (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A "Request for Special Notice" form is available from the court clerk.

Attorney for Petitioner:
/s/Bruce Kaminski
Martinez & Kaminski
1524 Merkley Avenue
West Sacramento CA 95691
(916) 372-4752
Sep 1 8 15 mail

ESTATE OF ROBERT THOMPSON
NOTICE OF PETITION TO ADMINISTER ESTATE OF
Petitioner MELVIN H. THOMPSON
CASE NUMBER PB04-216

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of Robert Thompson.

A PETITION FOR PROBATE has been filed by Melvin H. Thompson in the Superior Court of California, County of Yolo.

THE PETITION FOR PROBATE requests that Melvin H. Thompson be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on Sept. 22, 2004, at 8:30 a.m. at Dept. 11 at Yolo County Superior Court, 725 Court St., Woodland, CA 95695.

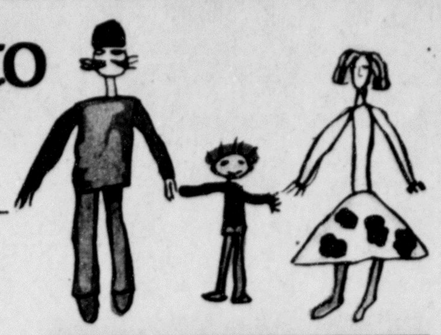
IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in Probate Code section 9100. The time for filing claims will not expire before four months from the hearing date noticed above.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a "Request for Special Notice" (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A "Request for Special Notice" form is available from the court clerk.

Attorney for Petitioner:
/s/Bruce Kaminski
Martinez & Kaminski
1524 Merkley Avenue
West Sacramento CA 95691
(916) 372-4752
Sep 1 8 15 mail

West Sacramento Medical Center



Thanh Tran, M.D.
Lee-Tzu Lin, M.D., Ph.D.
Wilbur Koester, M.D.
Victor Kyawm, M.D.
George Kempton, M.D.
Tatiana Kidd, P.H.
Terry Deane, F.N.P.

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LOAN: WE6030 OTHER: 2288288 FILE: 40504 A.P. NUMBER: 014-085-16-1 **NOTICE OF TRUSTEE'S SALE UNDER DEED OF TRUST. YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 8/6/03, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.** Notice is hereby given that CNA Foreclosure Service Inc. a California Corporation, as trustee, or successor trustee, or substituted trustee pursuant to the Deed of Trust executed by Mira Bae, a married woman, as her sole and separate property Recorded on 8/26/03 as Instrument No. 2003-0052442-00 of Official records in the office of the County Recorder of Yolo County, California, and pursuant to the Notice of Default and Election to Sell thereunder recorded 5/14/04, as Instrument No. 2004-0020758-00 of said Official Records, Will Sell on 9/21/04 at the rear (North) entrance to the City Hall Building, 1110 West Capital Ave West Sacramento, CA at 9:00 A.M. at public auction to the highest bidder for cash (payable at the time of sale in lawful money of the United States) all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State hereinafter described: Completely described in said Deed of Trust. The property address and other common designation, if any, of the real property described above is purported to be: 524 Bryte Avenue West Sacramento CA 95605. The undersigned Trustee disclaims any liability for any incorrectness of the property address and other common designation, if any, shown herein. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the notice of Sale is: $92,888.75. In addition to cash, the Trustee will accept a cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union or a check drawn by a state or federal savings and loan association, savings association or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state. In the event tender other than cash is accepted the Trustee may withhold the issuance of the Trustee's Deed until funds become available to the payee or endorsee as a matter of right. Said sale will be made, but without covenant or warranty, express or implied regarding title, possession or encumbrances, to satisfy the indebtedness secured by said Deed, advances thereunder, with interest as provided therein, and the unpaid principal balance of the Note secured by said Deed with interest thereon as provided in said Note, fees, charges and expenses of the trustee and the trusts created by said Deed of Trust. Dated: 8/27/04. **FOR SALES INFORMATION: (619)590-1221 CNA Foreclosure Service, Inc., as said Trustee, a California Corporation, 591 Camino De La Reina #910, San Diego, CA 92108 (619) 297-6740 By: Jacqueline Jimenez, Trustee Sale Officer 09/01;08;15/2004 R-111569

NOTICE TO CREDITORS OF BULK SALE
(UCC Sec. 6105)
Escrow No.: 8337K
NOTICE IS HEREBY GIVEN that a bulk sale is about to be made. The name(s), business address(es) of the seller(s) are: John Jordan and Shelley Jordan, 1350 B Harbor Blvd., West Sacramento, CA 95691.
Doing Business as: SOLOMONS COFFEE THE WISE CHOICE (Type - Coffee and Ice Cream Sales)
All other business name(s) and address(es) used by the seller(s) within the past three years, as stated by the seller(s), is/are: SOLOMONS COFFEE.
The name(s) and address of the buyer(s) is/are: Antonio's Take And Bake, LLC, a California Limited Liability Company, 1970 5th Street, Davis, CA 95616.
Whose chief executive office is 1970 5th Street, Davis, CA 95616.
The assets being sold are generally described as: All stock in trade, furniture, fixtures and equipment
And are located at: 1350 B Harbor Blvd., West Sacramento, CA 95691.
The bulk sale is intended to be consummated at the office of: Capitol City Escrow Inc., 3838 Watt Avenue, Suite F-610, Sacramento, CA 95821 and the anticipated sale date is September 24, 2004.
The bulk sale is subject to California Uniform Commercial Code Section 6106.2.
The name and address of the person with whom claims may be filed is: Capitol City Escrow, Inc., 3838 Watt Avenue, Suite F-610, Sacramento, CA 95821 and the last date for filing claims by any creditor shall be September 23, 2004, which is the business day before the sale date specified above.
Dated: August 30, 2004
Buyer(s):
ANTONIO'S TAKE AND BAKE, LLC, A CALIFORNIA LIMITED LIABILITY
BY: FRANK MARTIN, Member
BY: STEVEN LEVEL, Member
09/08/04
CNS- 721058#
NEWS-LEDGER

***

The greatest happiness you can have is knowing that you do not necessarily require happiness.
—William Saroyan

***

ORDINANCE SUMMARY

At their regular meeting on September 1, 2004, the West Sacramento City Council adopted, by the vote noted below, Ordinance 04-14 amending Chapter 1.08 of the Municipal Code titled Appeal and Hearing Procedure. The Ordinance will be effective in 30 days, October 1, 2004.

AYES: Kristoff, Montemayor, Pierson, Villegas, Cabaldon
NOES: None
ABSENT: None
Sep 8

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Linda S. Patrick
Attorney at Law
3.26+

LINDA S. PATRICK
Law Offices of
Guy Gibson, Jr.
1540 Jefferson Blvd.
West Sacramento
CA 95691
(916) 371-5780

NOTICE OF PUBLIC HEARING
REGARDING UNMET TRANSIT NEEDS IN
THE UNINCORPORATED PORTIONS YOLO COUNTY AND
THE CITIES OF DAVIS, WEST SACRAMENTO, WINTERS AND WOODLAND

PURPOSE OF THE PUBLIC HEARING:

To obtain public comment on transit needs in Yolo County and the cities within.

WHO SHOULD ATTEND:

If you have concerns regarding the need for new public transit service or how to improve the existing service in Yolo County, we would like to hear your comments.

WHEN AND WHERE:

Monday, October 11, 2004, 6:00 p.m.
Woodland City Council Chambers
300 First Street
Woodland, CA

Tuesday, October 12, 2004, 2:00 p.m.
Winters City Council Chambers
318 First Street
Winters, CA

Wednesday, October 13, 2004, 6:00 p.m.
Davis City Council Chambers
23 Russell Blvd.
Davis, CA

Monday, October 18, 2004, 6:00 p.m.
West Sacramento City Council Chambers
1110 West Capitol Avenue
West Sacramento, CA

CONTACT:

For more information call Barbara Bechtold at (916) 340-6275. If you are unable to attend the public hearing, provide us with your comments by January 2, 2005 via telephone or mail to:

Barbara Bechtold, Transportation Planner
Sacramento Area Council of Governments
1415 L Street, Suite 300
Sacramento, CA 95814

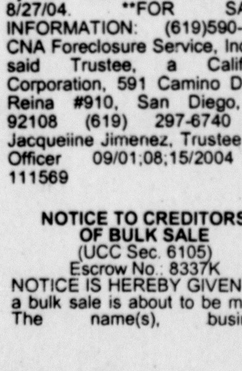
or e-mail to:
transit_needs@sacog.org

Please be as specific as possible on your comments. Please provide us with your name, mailing address, and time and route of service improvements.

NOTE: The public hearing locations are accessible to disabled persons. To arrange for interpreters for deaf persons, please call (916) 321-9000 or TDD access 321-9550 at least 48-hours prior to the hearing.

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Bill Shower, Owner
(916) 371-1870 ■ Fax: (916) 371-4929
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Email: rentals@ssproperty.com


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Local Scene

Golden Years Club

The Golden Years Club of West Sacramento will host a pot luck dinner at the VFW Hall, 905 Drever Street, at 6 p.m. on Tuesday, Sept. 21. Please bring your own service. The club is for people age 50 and older. For membership information, call 371-8479 or 371-8126.

'Meals on Wheels' Art guild

The West Sacramento Art Guild will sponsor its monthly "Second Saturday" art show at the West Sacramento Senior Center on Sept. 11 from 6-8:30 p.m. The senior center has invited the guild to use its facility for its monthly meetings, which are generally held at 2 p.m. on the fourth Tuesday of each month. The new exhibit at the Senior Center will last until the next "Second Saturday" event.

Help fair, parade

Volunteers are sought for the annual West Sacramento Community Day Parade and Neighbors Fair, scheduled for October 2 this year. For more information, call Katie Villegas, 375-1132. Also, parade entries are due by September 15; applications are available at the chamber of commerce, 1414 Merkley Avenue.

Crab feed

Bryte Memorial VFW Post 9498 will host a crab feed on Saturday, Oct. 23, to benefit its annual children's Christmas party. The feed will begin at 6:30 p.m. and will include pasta, rolls, clam chowder and wine, with a raffle and live music by John Torres and the Grove Band. Cost is $30 per person and seating is limited. Visit the VFW Hall for tickets or call 371-9126.

4-H Club

The West Sacramento 4-H Club will meet on Tuesday, Sept. 14, at 6 p.m. at the Arthur F. Turner Library, 1212 Merkley Avenue. Signups for new members and returning members will take place from 6-8 p.m. The program is open to youth from kindergarten to 19 years old, and features hands-on projects, leadership and community pride events. Volunteer leaders are needed. Call Bessie Orndoff at 371-6412 or Jennifer Gonzalez at 374-8055 for more information.

Casino trip

The Italian Catholic Federation #282 will sponsor a bus trip to Cal Neva Casino in Reno on Sept 27. Cost is $23, with a $10 casino rebate. Call 371-4871 to reserve a seat.

Gala

The fourth annual Police Officers' and Firefighters' Charity Gala has been rescheduled for Saturday, Oct. 9, from 6-10 p.m. in the atrium of the "ziggurat" building (707 Third Street). Tickets are $50 per person and will be available beginning in September. The Collings West Sacramento Teen Center has been selected as the beneficiary of this year's gala. Call Barbara Lowas, 617-4600.

'Carnitas con Oscar'

Vice mayor Oscar Villegas will hold a campaign fundraising dinner called 'Carnitas con Oscar,' on Friday, Sept. 10, from 6-9 p.m. at the ILWU Hall, 600 4th Street. Tickets are $10. Call Katie Villegas, 375-1132.

Historical Woodland

A "stroll through history" in Woodland – including period home tours, craft fair, food, entertainment and more – is planned for Saturday, Sept. 11, from 8 a.m. to 4 p.m. Visit the Heritage Plaza on Main Street between 4th and 1st streets.

Wine tasting

The Clarksburg Wine Growers Association will hold its annual "Wines of Clarksburg" wine tasting and auction from 2-5 p.m. on Sept. 19 at the Holland Land Company, 36533 Netherlands Road, Clarksburg. Proceeds benefit the Clarksburg library. Tickets are $30 in advance or $40 at the event. You may order tickets prior to the day of the event by calling Robbie Pillo, 775-1913.

RCHS

River City High School will host "Raider Pride Night" on Wed., Sept. 8. All students and parents of students are invited. From 6-6:30 p.m. there will be freshmen orientation in the gym, followed by a barbecue on the quad and then (at 7) demonstrations and club information. Buses will serve the event from the following sites between 5 p.m. and 5:30 p.m.: Bryte Elementary, Golden State Middle School, Elkhorn Elementary, Westfield Elementary, Southport Elementary, Valhalla/KOA, Evergreen Apartments on Pine Street. The buses will return to the same locations after 8 p.m.

Ship tour

The West Sacramento Historical Society will tour the S.S. Jeremiah O'Brien, a World War II-era Liberty Ship, at the Port of Sacramento on September 18 at 8:30 a.m. The group will also tour the host Port of Sacramento. To reserve a place, call 451-2113 by Sept. 16.

Walk against cancer

The American Cancer Society will hold its annual five-kilometer "Making Strides Against Breast Cancer" walk on Sunday, Oct. 24, beginning at the west steps of the capitol. Registration begins at 7:30 a.m. and participants may begin between 8-10 a.m. For more information, call Sharon at 372-4346.

Parents of twins

The Yolo Parents of Twins Club's monthly support group will meet on Sunday, Sept. 12, from 2-4 p.m. at the community room of the Yolo County Public Library in Davis at 315 E. 14th Street. Call Fran Leistikow at (530) 753-6934 for more information. Meetings are intended for parents only; although you may bring twins age six months or under.

Port's future

A community outreach meeting including a presentation on the Port of Sacramento's "Maritime Demand Analysis" report will be presented on Thursday, September 9 from 6-9 p.m. at the civic center galleria, 1110 West Capitol Avenue. Please give notice of your attendance by Sept. 7 to Garrett Brandenburger, 925-0130, or portproject@valleyvision.org. There will also be a joint port commission and city council presentation on Monday, Sept. 13 at 6 p.m. at the civic center.

Social action

Nonprofit organizations serving Yolo County are invited to submit applications to the Biberstein Social Action Fund for grants to address poverty, discrimination, abuse and neglect issues. Grants range from $500 to $2,000. Deadline is Oct. 15. Contact the Biberstein Social Action Fund, c/o Congregation Bet Haverim, 1715 Anderson Road, Davis, CA 95616, (916) 758-0842.

Parks programs

The West Sacramento Senior Center is planning a variety of activities, including a class on the "art of card making" at 2 p.m. on Sept. 22 at the West Sacramento Senior Center; a chat and book-signing with Ruth Huiltgren, author of "Looking Into the Rearview Mirror," at 10:30 a.m. on Sept. 10; a casino trip to Feather Falls on Sept. 9; and a driver safety program for people over age 55 from 12:30-4:30 p.m. on Sept. 14-15. For more information, call 373-5819.

West Capitol: the plan

The West Sacramento Chamber of Commerce is hosting a meeting on the West Capitol Avenue Action Plan, with lunch, on Thursday, Sept. 9, from 11:45-1:30 at Club Pheasant. Cost is $15 in advance or $20 at the door. Call Donna at 371-7042.

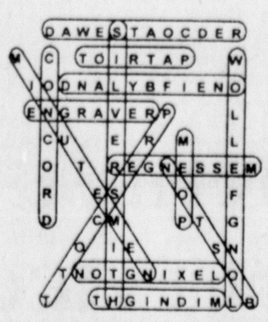
Book sale

Bargain books will abound at the fall book sale sponsored by the East Yolo Friends of the Library on Sept. 25-26 at the Arthur F. Turner Branch Library, 1212 Merkley Avenue. Saturday hours will be 9 a.m. to 4 p.m., and Sunday's will be 10-2. Donations of clean, gently used materials are accepted at the library during business hours. Proceeds benefit library programs.

We Repair With Care.
#1 in Service!
Let us take care of all your automotive service needs!
30/60/90K Warranty Service
We service:
■ Air Conditioning ■ Heating ■ Engine Diagnostics ■ All Engine Repair ■ Timing Belts ■ Alternators & Starters ■ Water Pumps ■ Cooling Systems ■ Transmission Maintenance ■ Oil Leaks ■ Suspension, Struts & Shocks ■ And Much More!
12 Month/12,000 mile warranty with all repairs!
Bring in this ad for 10% OFF any service performed over $100! Exp. 9/30/2004
ADVANCED AUTO CENTER
1641 Merkley Ave., West Sacramento CA
(Across from Raley's)
(916) 373-1772
7:30-5 Mon-Fri; Closed weekends

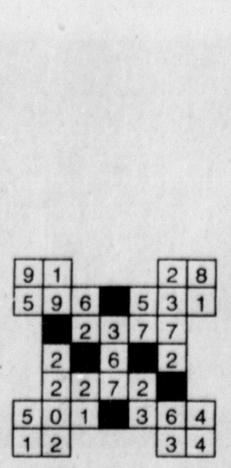
You are invited to join friends and family in a kick-off celebration for
BARRY KALAR
In support of his election to the Washington Unified School Board
DATE: Wednesday, Sept. 15
TIME: 5:30 p.m. to 7:30 p.m.
ADDRESS: Club Pheasant
2525 Jefferson Blvd., W. Sac.
DONATION: $25 per person.
SPONSORSHIP: $250 or $500
Please make checks payable to 'Barry Kalar for School Board'
Hosted by 'Barry Kalar for School Board'
FPPC ID No. 1267587
For more information or for tickets, contact Brenda Morazzini at 371-1358 or 804-4114

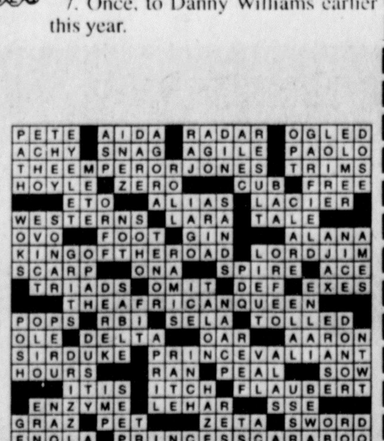
Answers to 'Sports Quiz' (p. 3) and Puzzles (p. 8)



Answers

1. The 1987 St. Louis Cardinals had 94 home runs as a team and lost to Minnesota in seven games in the World Series.
2. In 1959, the White Sox lost to the Los Angeles Dodgers in six games.
3. Mike Holmgren (Green Bay 1998, Seattle 1999) and Jon Gruden (Oakland 2001, Tampa Bay 2002).
4. The University of North Dakota — Jackson played there, and Fitch and Rodgers coached there.
5. Nine, an NHL record.
6. Michelle Akers with 12.
7. Once, to Danny Williams earlier this year.





Nugget Markets

Grand Opening!

West Sacramento Location

On the corner of Lake Washington and Jefferson Blvd.



FRESH TO MARKET
WHERE QUALITY & PRICE MATTER

Harris Ranch USDA Choice Guaranteed Tender

London Broil

Or Porterhouse Steaks!

A versatile and flavorful cut of beef. Naturally table tender, and that's guaranteed. Enjoy your dinner tonight!

Save 3.41 Lb.

2.58 lb.

Pepsi Cola 12 Packs
Selected Varieties. 12/12 oz. Cans
Save 4.98 on 2
2 $5 for +crv

Dreyer's Ice Cream
Selected Varieties. 48-64 oz. Package
Gold Club Savings...3.00
2.99

Ranch Pak Large Eggs
One Dozen
Gold Club Savings...81¢
88¢

Yuban Ground Coffee
Twin Pack. 2/35 oz. Cans
Gold Club Savings...7.01
8.98

Nabisco Chips Ahoy! Cookies
Selected Varieties. 14-18 oz.
Gold Club Savings..2.01
1.78

Ocean Spray Cranberry Cocktail
Selected Varieties. 64 oz.
Gold Club Savings...2.11
1.88 +crv

Gatorade Thirst Quencher
Selected Varieties. 32 oz.
Gold Club Savings...1.20
69¢ +crv
A Limit of 4 Please

Betty Crocker Cake Mix
Selected Varieties. 16-21.5 oz.
Gold Club Savings...1.51
88¢

General Mills Cereal
1.88

Fresh Express Delicious Salad Blends

Highly nutritious – all varieties including organic on sale! From Salinas.

1.68 ea. *Save up to 1.61 ea.*

SEPT. '04• AD STARTS WEDNESDAY

WED	THU	FRI	SAT	SUN	MON	TUES
8	9	10				

WHERE QUALITY & PRICE MATTER

All Gold Club Card Specials are limited to 4 items per household through the sales effective dates unless otherwise noted. We reserve the right to limit individual purchases to four packages of any item for sale, except items where otherwise noted. Sale items are not available to any commercial dealer or wholesaler. Items are subject to stock on hand. All items not available at all stores. Photos & Illustrations are for display purposes only and do not necessarily depict items that are on sale. We reserve the right to correct all printed and/or typographical errors. This advertisement was created for Nugget Markets by Gold Design, Sacramento, CA. ©2004



Jif Peanut Butter
Selected Varieties.
17.3-18 oz Jar
Save 2.78 on 2
2 $3 for



Mary Ellen Strawberry Jam
32 oz. Jar
Gold Club Savings... 2.81
1.88



Oroweat Muffins
Selected Varieties.
6 Count Package
Gold Club Savings... 1.01
1.98



Oroweat Bread
Oatnut 3 Seed, 12 Grain or 7 Grain. 24 oz. Loaf
Gold Club Savings... 1.01
2.48



Santitas Tortilla Chips
Selected Varieties.
16 oz. Bag
Gold Club Savings.... 51¢
1.48



Keebler Club Crackers
Selected Varieties.
16 oz. Package
Gold Club Savings... 1.90
1.89



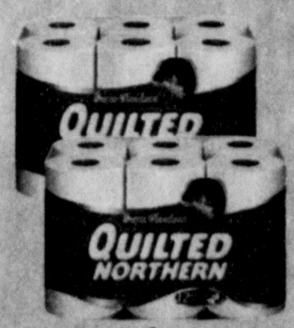
Keebler Sandies
Selected Varieties.
12-16 oz. Package
Gold Club Savings... 1.80
1.89



Guerrero Corn Tortillas
46 oz. Package
Save 90¢ on 2
2 $3 for



Friskies Cat Food
Selected Varieties.
5.5 oz. Can
Save 1.20 on 4
4 $1 for
A Limit of 8 Please



Northern Bath Tissue
12 Double Roll Package
Gold Club Savings... 3.91
4.98



Rainbo Bread
Big or Thin Sliced Sandwich. 24 oz. Loaf
Gold Club Savings.... 80¢
2.49



Mother's or Archway Cookies
Selected Varieties.
7-18 oz. Package
Gold Club Savings... 1.01
1.98



Pepsi Cola 2 Liter Bottles
Selected Varieties.
Gold Club Savings.... 70¢
99¢ +crv



Pepsi Cola or Aquafina
Selected Varieties.
6 Pack/24 oz. Bottles
Gold Club Savings... 1.01
2.78 +crv



Lipton Iced Tea
Selected Varieties.
6 Pack/16 oz. Bottles
Save 1.58 on 2
2 $11 for +crv



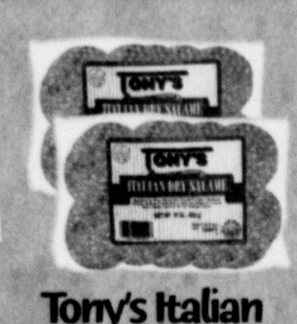
Canada Dry Mixers
Selected Varieties.
1 Liter Bottles
Gold Club Savings.... 51¢
98¢ +crv



Bar S All Meat Jumbo Franks
16 oz. Package
Gold Club Savings.... 90¢
69¢



Daily's Sliced Bacon
Honey, Pepper or Applewood Smoke. 24 oz.
Gold Club Savings... 2.00
5.99



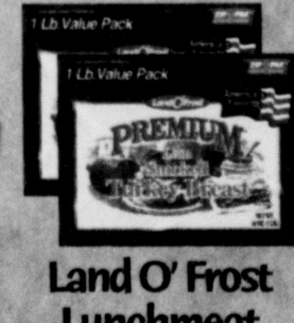
Tony's Italian Dry Salami
16 oz. Package
Gold Club Savings... 1.50
3.99



Foster Farms Lunchmeat
Selected Varieties.
9-12 oz. Package
Gold Club Savings... 1.00
1.99



Johnsonville Sausage
Selected Varieties.
16-19.76 oz. Package
Gold Club Savings... 1.00
3.99



Land O' Frost Lunchmeat
Selected Varieties.
16 oz. Package
Gold Club Savings... 1.00
3.89



Precious Shapesters
Selected Varieties.
9 oz. Package
Gold Club Savings... 2.00
2.59



Gold Rush Shredded Cheese
Selected Varieties. 32 oz.
Gold Club Savings... 2.00
7.89



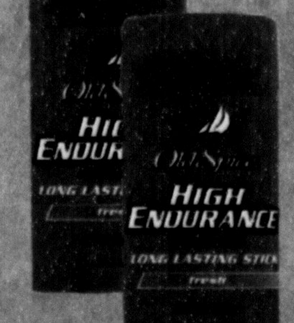
Colgate Toothpaste
6.4 oz. Package
Gold Club Savings...90¢
1.59



Reach Toothbrush
Selected Varieties.
Buy One Get One Free!
Gold Club Savings...1.60
1.99

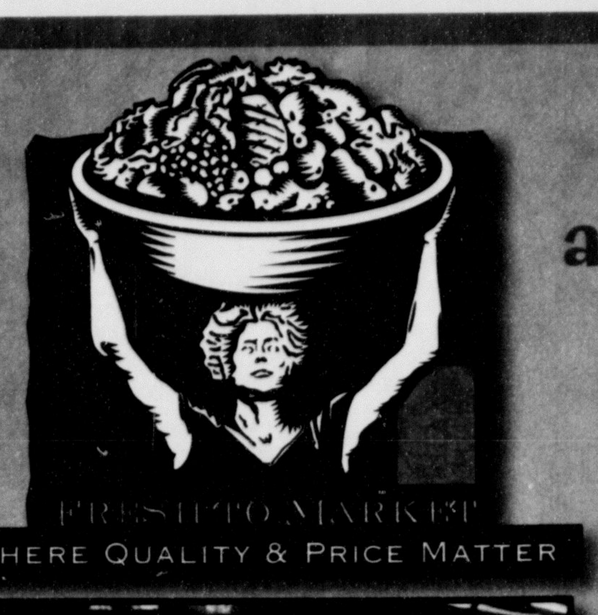


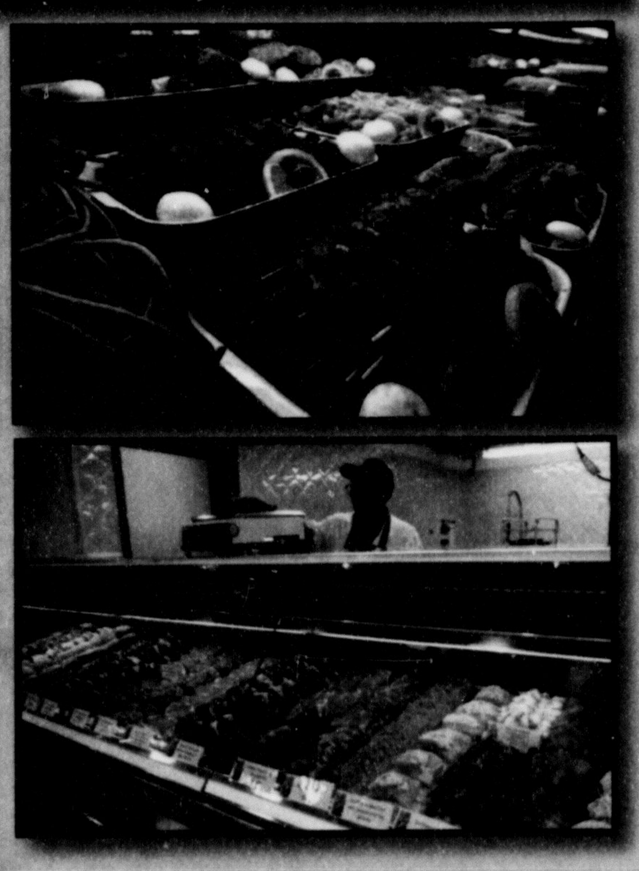
Old Spice High Endurance Deodorant
Selected Varieties.
3-3.25 oz. Package
Save up to...1.10
2.49





Dove Shampoo or Conditioner
Selected Varieties.
12 oz. Bottles
Gold Club Savings....1.50
2.99





A Simple Solut
a Mouth-Waterin

Gourmet Ent
Hand-crafted meat, veget
entrees are made on-site dail
Over 25 items are seasone
blends and rotated
Try a few of our fa

- Beef and Chicken Kabobs
- Bleu • Burgundy Tri-Tip a

An Incredible Select
- Harris Ranch's USDA
- superior to USD
- Prather Ranch's Certifie
- Salmon Creek Farms Al
- Superior Farms USDA

An Extensive Varie
Brands and
- Foster Farms Fresh Californ
and Turkey • Rocky and R
- Rosie and Rosie Orga
MBA Smart and Organic

Crystal Geyser Water
6 Pack/16.9 oz. Bottles
Gold Club Savings...1.24
88¢ +crv





Stagg Chili
Selected Varieties. 15 oz. Cans
Gold Club Savings...1.14
88¢

Kellogg's Eggo Syrup
Selected Varieties.
23 oz. Bottle
Gold Club Savings...2.14
1.88





Prego Pasta Sauce
Selected Varieties.
25.75-28 oz. Jar
Save 2.58 on 2
2 $3 for

Two Great Way



Stop = Savings!
Follow the signs to great prices.
- Weekly Ad Savings!
- Special Truckload Pricing!
- Gold Club Savings!

ple Solution for
-Watering Meal...

Nugget MARKETS

urmet Entrees...
ced meat, vegetable and seafood
ade on-site daily and ready to cook!
ms are seasoned with our custom
ds and rotated seasonally.
a few of our favorites...
hicken Kabobs • Chicken Cordon
gundy Tri-Tip and many more!

ible Selection of Meat...
s Ranch's USDA Choice Beef
uperior to USDA Select
Ranch's Certified Organic Beef
Creek Farms All-Natural Pork
r Farms USDA Choice Lamb

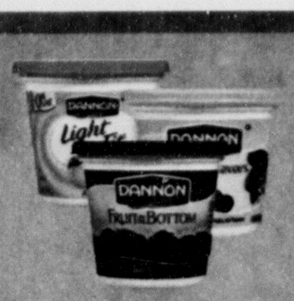
nsive Variety of Poultry
ands and Cuts...
s Fresh California-grown Chicken
• Rocky and Rocky Jr. Chicken
and Rosie Organic Chicken
rt and Organic Smart Chicken



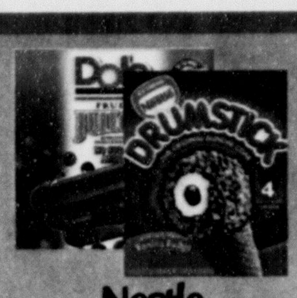
Hand Crafted Sausage...
Made daily from the purest natural ingredients – no MSG, phosphates, nitrites or nitrates! Available in over 50 savory varieties – selection varies daily.



Florida's Natural Orange Juice
Or Grapefruit Juice. Selected Varieties. Half Gallon
Gold Club Savings... 2.21
1.78



Dannon Yogurt
Selected Varieties. 6 oz. Cups
Save 90¢ on 2
2 for 88¢



Nestle Novelties or Dole Juice Bars
Selected Varieties. 4-20 Count
Gold Club Savings... 2.00
1.99



Clover Whipping Cream
Pint
Gold Club Savings.... 81¢
2.48



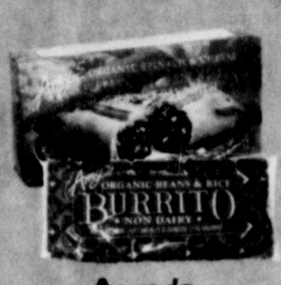
Crystal Sour Cream
Selected Varieties. Pint
Gold Club Savings.... 90¢
99¢



Crystal Cottage Cheese
Selected Varieties. Pint
Gold Club Savings...80¢
1.19



Crystal Chocolate Milk
Quart
Gold Club Savings.... 51¢
98¢



Amy's Burritos and Pockets
Selected Varieties. 4.5-6 oz. Package
Gold Club Savings.... 37¢
1.88



Tully's Coffee
Selected Varieties. 12 oz. Package
Gold Club Savings... 3.00
5.99



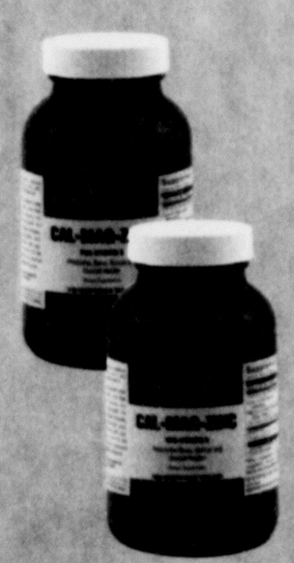
Clover Organic Milk
Selected Varieties. Gallon
Gold Club Savings.... 71¢
4.98



Kettle Brand Potato Chips
Selected Varieties. 5.5 oz. Bag
Gold Club Savings.... 90¢
1.59

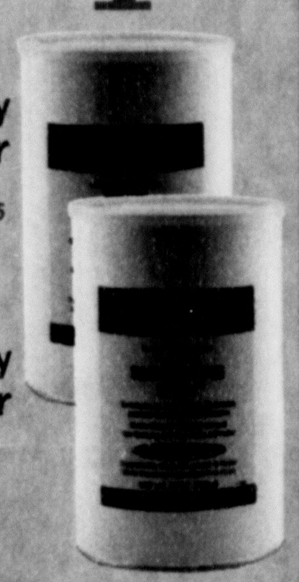
Nugget Markets Cal-Mag-Zinc
100 Count
Gold Club Savings... 1.70
5.29

Cal-Mag-Zinc
250 Count
Gold Club Savings... 3.60
10.89



Nugget Markets Show Me the Whey Protein Powder
Vanilla. 32 oz.
Gold Club Savings.....7.46
22.29

Show Me the Whey Protein Powder
Chocolate. 32 oz.
Gold Club Savings... 7.90
23.69



StarKist Chunk Light Tuna
Packed in Oil or Water. 6 oz.
Gold Club Savings...51¢
44¢





Hansen's Natural Soda
Selected Varieties. 6 Pack/12 oz. Cans
Gold Club Savings...1.90
99¢ +crv
A Limit of 4 Please



Krusteaz Pancake Mix
Selected Varieties. 28-32 oz. Package
Gold Club Savings...1.50
1.29



Estancia Chardonnay
750 ml. Bottle
Gold Club Savings... 4.00
6.99



Raymond Reserve
Cabernet Sauvignon. 750 ml. Bottle
Gold Club Savings. 13.00
21.99



Little Penguin Wines
Selected Varieties. 750 ml. Bottles
Gold Club Savings... 2.00
5.99



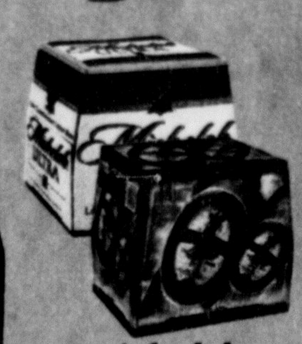
Louis LaTour Pinot Noir
750 ml. Bottle
Gold Club Savings... 2.00
7.99



Samuel Adams Brews
Selected Varieties. 12 Pack/12 oz. Bottles
Gold Club Savings... 4.00
9.99 +crv



Newcastle Brown Ale
12 Pack/12 oz. Bottles
Gold Club Savings... 4.00
10.99 +crv



Michelob Beer
Selected Varieties. 12 Pack/12 oz. Bottles
Gold Club Savings... 3.00
7.99 +crv



Gvori or Ketel One Vodka
Selected Varieties. Gvori 1.75 Liter, Ketel One 750 ml. Bottle
Save up to 4.00
19.99



Barilla Pasta
Selected Varieties. 16 oz. Package
Gold Club Savings...81¢
68¢

AT WAYS TO SAVE!

gs!
rices.
!
ing!

Start Saving Today!



Become a Gold Club Member!

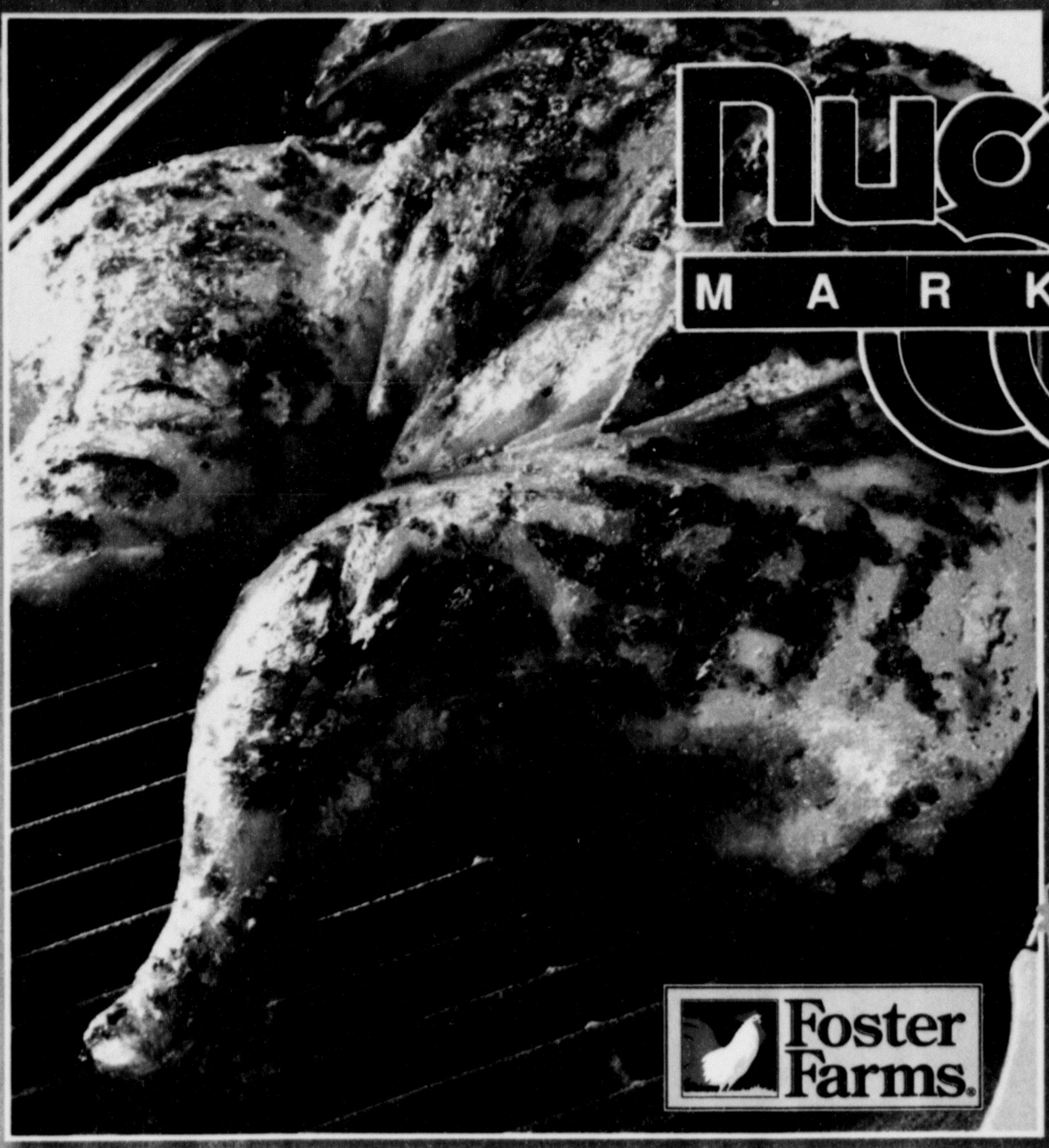
- Earn 5% Discount Coupons
- Earn 10% Discount Coupons
- Qualify for Special Promotional Products

Did You Know?

- Nugget's Boulangerie features a wide selection of artisan breads created from scratch and baked on stone deck ovens 7 days a week!
- Organic flour and grains, olives, herbs, cheeses and produce are used to create delicious and unique varieties.
- Tangy Sourdough, Rustic French, Crispy creamy Italian are a few of our guest favorites



Nugget Markets





Foster Farms California Grown
Whole Body Fryer
Tender, meaty, juicy and California fresh!

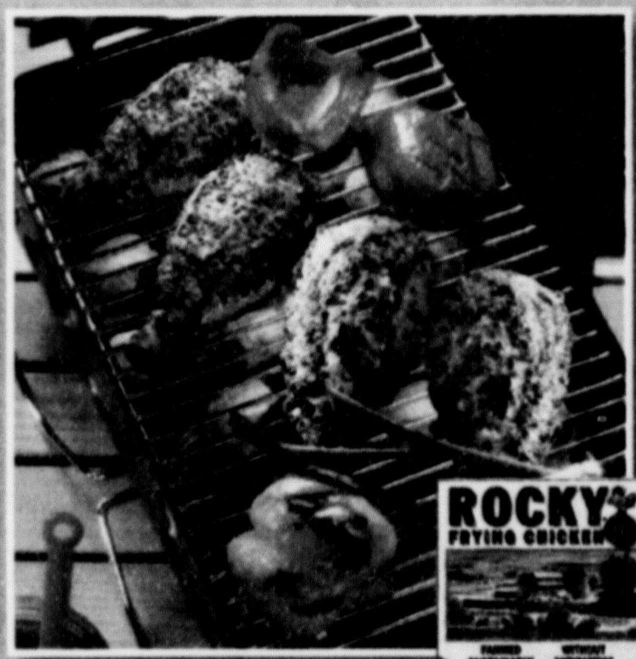
77¢ lb.
Save 62¢ lb.

Harris Ranch USDA Choice
New York Steak
Guaranteed Tender!

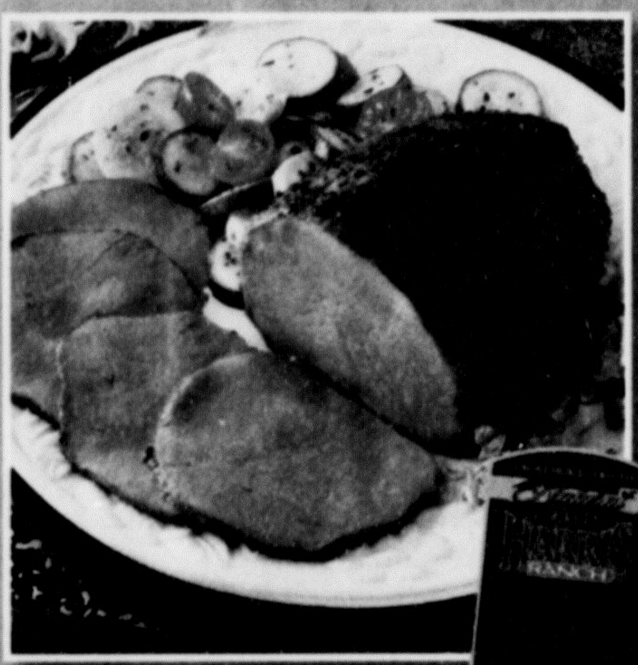
7.97 lb.
Save 6.02 lb.



Superior Farms
Boneless Seasoned Leg of Lamb
Netted and table tender American Lamb.
Save 1.02 lb.
4.97 lb.



Rocky Jr. Natural Chicken
Boneless Skinless Chicken Breast
Farmed sustainablly without antibiotics.
Save 1.72 lb.
3.97 lb.

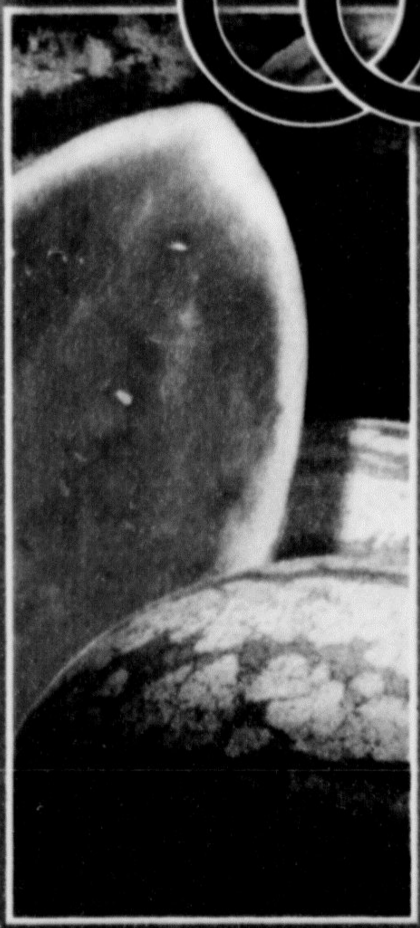


Harris Ranch USDA Choice
Eye of Round Roast
Slow cook for maximum tenderness!
Save 1.40 lb.
3.59 lb.



Salmon Creek Farms
Assorted Pork Chops
Mixed rib, sirloin end and centers.
Save 1.02 lb.
1.97 lb.

Nugget Markets – Fresh Produce Specials –



Refreshing Seedless
Whole Watermelons
You will love their incredible flavor! From Manteca.
Save 24¢ lb.
15¢ lb.



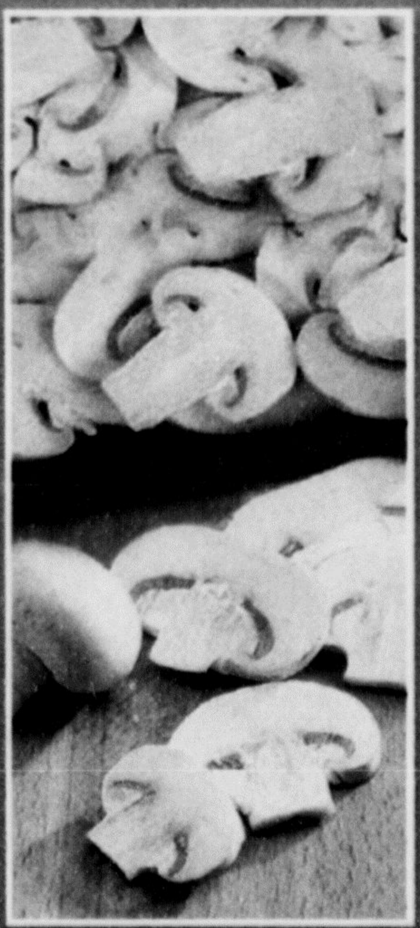
Crisp & Fresh
Flavorful Cucumbers
Rich in nutrients and very tasty! Raised in Oregon.
Save 98¢ on 2
2 for $1



Perfectly Ripe
Red Cluster Tomatoes
Great in salads and on hamburgers. From Canada.
Save 1.01 lb.
1.18 lb.



Large Sweet
Bartlett Pears
Fantastic tree fruits! From the orchards of California.
Save 21¢ lb.
78¢ lb.



California Grown
Fresh Sliced Mushrooms
Versatile and packed with flavor! From Monterey.
Save 61¢ ea.
1.38 ea.



Organic
Hass Variety Avocados
Perfect for fresh, homemade guacamole! From Chile.
Save 81¢ ea.
98¢ ea.

[illegible] MACE BLVD., DAVIS [illegible]; OPEN 7AM-10PM • 1414 EAST COVELL BLVD., DAVIS (530) 750-3800; OPEN 6AM-11PM • 1040 FLORIN ROAD, SACRAMENTO [illegible] • 2000 TOWN CENTER PLAZA, WEST SACRAMENTO (916) 375-8700; 6AM-10PM • 130 BROWNS VALLEY PKWY, VACAVILLE [illegible]; 6AM-10PM • 157 MAIN ST, WOODLAND [illegible]; 6AM-10PM; PHARMACY [illegible]